

Set Your Sails

LIFE GROUP QUESTIONS AND NOTES

- Read and discuss our key passage Psalm 46:1-3,10-11.
- How do you handle the winds of change? Is it always a surprise? Or, are you mentally prepared? If so, how do you make sure you are prepared?
- What winds of change are you sailing through now...or do you anticipate sailing through? Pray for each other.

Bible Verses:

“God is our refuge and strength, an ever-present help in trouble. Therefore we will not fear, though the earth give way and the mountains fall into the heart of the sea, though its waters roar and foam and the mountains quake with their surging. ... He says, ‘Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth.’ The LORD Almighty is with us; the God of Jacob is our fortress.”

Psalm 46:1-3; 10-11 (NIV)

“Forget the former things; do not dwell on the past. See, I am doing a new thing! Now it springs up; do you not perceive it? I am making a way in the wilderness and streams in the wasteland.”

Isaiah 43:18-19 (NIV)

“Dear brothers and sisters, when troubles of any kind come your way, consider it an opportunity for great joy. For you know that when your faith is tested, your endurance has a chance to grow. So let it grow, for when your endurance is fully developed, you will be perfect and complete, needing nothing.”

James 1:2-4 (NLT)