

The Art of Apprenticeship

SERMON NOTES

How to Stand in Shaky Times

Sunday 9.28.25

Ephesians 6:10-18

"Therefore put on the full armor of God, so that... you may be able to stand your ground..."

THE STRUGGLE IS REAL

We are living in days of deep shaking—globally, culturally, spiritually. But God hasn't left us defenseless. Apprenticeship to Jesus means learning how to stand firm in a world designed to pull you apart.

The battle is real. But so is the armor.

THE ARMOR WE NEED

Paul tells us to "put on the full armor of God"—not as a metaphorical flourish, but as spiritual survival gear.

We are in a warzone, and God has given us what we need:

- The Belt of **Truth** – Ground your identity in Christ, not culture.
- The Breastplate of **Righteousness** – Live rightly related to God and others. This is true of you in Christ Jesus – so cultivate right relationships now.
- Shoes of **the Gospel of Peace** – Carry the good news of God's gift
- The Shield of **Faith** – Trust God in the dark; faith is sight beyond seeing.
- The Helmet of **Salvation** – Guard your mind with gospel reality.
- The Sword of the **Spirit** – Use **God's Word** to fight lies with truth.
- **And pray... Always.** This is how we stay connected to the Source.

REMEMBER:

"The safest place to be in a spiritual war zone is on the front lines. The most dangerous is the couch."

MEDITATE ON...

- **Ephesians 6:10-18** – The armor of God
- **Colossians 3:3** – "Your life is now hidden with Christ in God."
- **2 Corinthians 5:19-20** – We are ambassadors of reconciliation

NEXT STEPS

- Spend time daily w/ Jesus, not just to prep or perform, but to be with Him.
- Name where you're being spiritually attacked—respond with truth & prayer.
- Invest in your most important relationships. Forgive quickly. Love intentionally.
- Join us Thursdays for Zoom prayer. Don't fight alone.

PRAYER

"Jesus, I need you."