



Week 8- “An Undivided Heart”

In this series we will go on a journey experiencing the Psalms. The Psalms offers not just a practical, theological journey but also an experiential journey through poems and songs. The Psalms invite us to experience humanity in an honest and real way. In this week’s message, we explore Psalm 86 and discover a prayer that David prayed that invites us to reflect on a tension we often feel in our hearts.

Read Psalm 86

1. What do you tend to seek for security, acceptance, and love?
2. Do you resonate more with Solomon’s tendencies, or David’s response?
3. Why do you think it is important to have awareness of where your heart is divided?
4. What does it say about God’s heart for you that He invites you to seek Him and find security, acceptance, and love in Him?

Read Colossians 1:19-22

5. What does Christ’s death on the cross say about His faithfulness and His abounding love for you?
6. What do you think it practically looks like to pray for an undivided heart?
7. Are you willing to pray Psalm 86 and ask God for an undivided heart? Why or why not?

We all have the tendency to divide up our heart among the things around us and seek security, acceptance and love from those things. Jesus in His faithful and abounding love knew our human condition and died on the cross so that we could ultimately experience His faithful love in our lives. Psalm 86 invites us to look within and acknowledge where our heart may be divided and respond by seeking God and acknowledging that there is no one like Him.