



“I Doubt It”

In this week’s message, Amber Smith shares her personal experience with doubt. Doubt is a topic that isn’t often addressed by the church and can easily be misunderstood. When we look in the gospels we see how Jesus responded to the doubts his disciples had and how that response offers an invitation that extends to all of us.

1. What has been your personal experience with doubt?
2. What has been your experience with doubt within the church?
3. When doubts arise have you felt comfortable sharing them with others or with God, or do you tend to hide your doubts? What makes it easy to share them with others, or why do you tend to hide it?

Read John 20:19-27

4. How do you think God responds to your doubt? How do you picture him looking at you when you are asking hard questions?
5. When Thomas came face to face with his doubt Jesus extended His hand and an invitation to believe. Discuss this. How is this different than you’ve thought it to be, or experienced within the church?
6. Does Jesus’ response give you the space to face your doubt and questions head on with God and others? Why or why not?

7. When someone shares their doubts with you do you feel the need to try to fix it and help them believe again? Why do you think this is something Christians want to fix for others?

8. In what ways is it not our place to fix someone's doubt and how could we respond in a way that creates safety and space for the other person?

9. What do you think it looks like to take time and space to face your doubts with God?

10. Knowing that Jesus invites you to come to Him with your doubt is this a step of trust you could take in your faith journey?

Thomas saw how Jesus responded to his doubt and he was met with grace and an invitation to stop doubting and believe. Jesus extends His hands and grace to you and me when we have doubts. His invitation shows us His love and our worth and gives us the freedom to come to Him and believe.