



Week 1- “Why The Psalms”

In this series we will go on a journey experiencing the Psalms. The Psalms offers not just a practical, theological journey but also an experiential journey. The psalms invite us to be real and experience the whole of us that so often communities within Christianity can frown upon. In this week’s message we look at Psalm 73 and see an example of what it looks like to experience the whole of us on a foundation of truth and why we need this in our lives.

1. What stood out to you from the message?

Read Psalm 73

1. Why is it so important to be honest and real about the things you feel, questions you have, and what you experience?

2. We often experience the Bible as instructional or historical but Psalms invites us to experience real life and experience God. What do you think it means to experience God?

3. The Psalms invite you to experience your real emotions on a foundation of a God who loves and knows you. How can God’s love help you face life in this broken world honestly?

Read Luke 24:44

5. In the message we discovered that the Psalms work because they are honest, real and point to the power of a Savior. What does it practically look like to stand on the foundation of the Gospel in the midst of life in this broken world?

6. What does it say about God that he provided you with a Savior that took on the pain and suffering you face in this broken world?

7. What do you think it practically looks like to experience the Psalms while you read them?

8. Will you read through Psalms this season and feel it, engage with it, and look at it honestly? How can this group help you as you do this?

The Psalms offer real hope not simply because they are beautiful or emotionally honest poetry, but because they point broken people in a broken world to a God who sees and understands their pain. Rather than remaining distant from human suffering, God entered into it, experiencing injustice, sorrow, and brokenness firsthand through Christ. By taking humanity's sin and suffering upon Himself on the cross, God demonstrated His love in the most tangible way possible—not merely by declaring it, but by proving it through sacrificial action.