



Week 6- “Pulling The Weeds of Sin and Shame”

In this series we are asking the questions: Why do we not change sometimes? Why as Christians do we have a hard time growing and bearing the fruit that comes from the Gospel? We are discovering that all of us have weeds and thorns that get stuck in our hearts that are choking out the seed of the Gospel and the life and fruit in it. In this week’s message, we continue to look at the thorns of sin that can get stuck in our hearts that leads to us feeling shame and hiding. In Paul’s letter to the Ephesians he offers a real solution that leads to freedom.

Read Ephesians 4:17-24 and Ephesians 5:1-14

1. What do you look to in order to feel value and fulfillment in life?
2. What do you need in order to feel like you are enough?
3. Why is it important to become self aware of these things you look to?
4. Do you have sins hidden that you are afraid for others to find out about? If so, what do you think will happen if they are exposed?
5. Do you have someone who is acquainted with grace to share that with? If so, who?
6. What do you think it practically means to do a fearless moral inventory of your life?
7. What would it mean to you to be free of the things that are stuck in your heart?

8. How can this group help you discover grace more deeply so that you can walk openly with others and others with you?

(Leaders note: The Cure by John Lynch is a good resource for this)

When we can come out of hiding and step into God's grace we can truly change and find freedom from the thorns of sin and shame that are stuck in our hearts.