



Week 4- “Forgiving And Sometimes Leaving”

In this series we are talking all about relationships and how we navigate them. We are confronted with so many different types of relationships that impact us in different ways. In this week’s message, we look at the reality that sometimes we do everything we can to make our relationships healthy but the other person doesn’t budge and how Christianity clearly protects and empowers you to navigate painful and difficult situations.

1. What stood out to you from the message?
2. When you hear the word forgiveness, what emotions rise in you?
3. Do you think forgiveness and boundaries can co exist in relationships? Why or why not?

Read Matthew 18:12-22

4. How does it make you feel to know that Jesus wants to both protect and empower you in your relationships?
5. According to these verses what are the healthy steps to restoration in relationships with someone who is hurting you? Have you taken these steps before, and what happened as a result?
6. Do you think it is a good thing that Jesus extends grace and restoration to both the offended and offender? Why or Why not?

7. Discuss the idea that if we don't walk through a forgiveness journey the sins of those who have hurt us will get stuck in our hearts and impact who we are.

8. If you have walked through painful hurt/abuse have you considered counseling as a tool to help you heal, forgive, and create healthy boundaries? Why or why not?

9. How can this group help you take healthy steps toward healing, forgiveness, and boundaries with someone that hurts you?

Navigating relationships can be tricky when it comes to those that sin against you and Christianity offers real help in navigating through difficult and painful situations. Jesus clearly tells you that if someone sins against you to do everything you can to reconcile the relationship, to get help from your community, and help from the those that understand grace because it could save the relationship. However, Jesus also teaches that if the other person does not stop hurting you to get out the of situation. Jesus invites you to trust Him through a forgiveness journey, invites you to establish healthy boundaries and invites you to trust Him as He pursues the one that is hurting you. What step can you take this week to trust Him in this way?