



Week 10- “Resting Through Uncertainty and Suffering”

In this series we are taking a few weeks to discover who Jesus is through Luke’s Gospel. He wrote an account of the True story of Jesus so that we could know the difference between grace and works. We hope to discover who Jesus is, and what He did for us. In this week’s message, today we look at a moment that offers us a perspective of Jesus and ourselves. This moment allows us to see how Jesus and those around Him navigated storms and uncertainties and how in the midst of our own storms we can find peace and rest for our souls.

Read Luke 8:22-25

1. What do you typically do when you are facing uncertainty in life?
2. Do you allow yourself to feel your humanity and face your emotions honestly when you face suffering?
3. What does it say about Jesus that He didn’t rebuke the disciples for their fear, instead He rebuked the storm?
4. Why do you think Jesus asked the question: Where is your faith? And why was it important for the disciples to wrestle with this question?
5. Why is it important for you to wrestle with the questions:
 - Where is your faith?
 - What am I looking to for security?
 - Am I striving to be significant or trusting that Christ’s death and resurrection proves how significant you are to God?

Read 2 Corinthians 4:6-10,16-17

6. What does Jesus' life, death, and resurrection say about your value?

8 How does an understanding of your value help you trust Him and find confidence to navigate suffering?

9. What do you think it practically looks like to look at everything around you through Jesus' death and resurrection?

10. How can this group help encourage you to look at your circumstances through the lens of the Gospel?

Christianity teaches that when we can look at life through Christ, through his life, death, and resurrection we can find rest from life's storms. Will you invite the Holy Spirit to remind you to look at Christ when life feels overwhelming and painful?