



Week 3- “The Central Issue”

Right in the middle of our world is a person we call “me.” Who we are, how we relate to others, and how we define ourselves impacts everything we do. In this week’s message we look at what Christianity presents as the gate to being who we are meant to be.

1. In what ways have you hoped that self awareness would help you find answers to difficult problems you face?

Read Romans 12:3,10b

2. How have you seen your self-centered reality play out in your relationships? In what ways have you strived to overcome it?

3. Do you struggle to honor, listen or respect the opinions of others that are different from yours?

Read Romans 7:15-25

4. Do you find it hard to admit that by nature you are self-centered? Have you been frustrated by your inability to change this reality?

5. Do you recognize that only Jesus can rescue you from your self-centeredness? Do you resist this reality? Why or why not?

Romans 12:1 says: “Therefore, I urge you, brothers and sisters, in view of God’s mercy, to offer your bodies a living sacrifice, holy and pleasing to God this is your true and proper worship.”

6. Discuss the truth that when we think of ourselves more highly than we ought, we treat ourselves like mini gods.

7. Paul is saying that to overcome self-centeredness we have to put God at the center of our lives. What do you think it looks like in your daily life to be a living sacrifice?

8. What do you think would happen in your life and in your relationships if you choose daily to put Jesus at the center, and allow your world to revolve around Him instead of around you?

9. Will you take the step this week to evaluate your heart and ask yourself: *“Who is at the center of my life?”*

We naturally gravitate toward the center of our worlds. Christianity teaches that acknowledging our self-centered reality and inviting Jesus to be the center changes how we see ourselves and how we see those around us.