



Week 6- “We Love What We Value”

We live in a world where relationships are important, they are a huge part of our lives and we long to navigate them in good and healthy ways. In this week’s message we look at how gratitude toward others impacts our relationships and how Christianity gives us what we need in order to live this out.

1. How have you seen gratitude impact your relationships in positive ways?
2. What happens in your relationships when you don’t feel valued by the other person?
3. When do you find it the most difficult to show gratitude to someone?

Read Philippians 2:1-5

4. Discuss the reality that you naturally lack gratitude when you value yourself more than the other person.

Philippians 4:8

“Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.”

5. What would happen in your relationship if you choose to look for the good, instead of the things that irritate you?

The Gospel says *“I am more sinful than I ever dared believe, more loved than I ever dared hope, and Through being united to Christ more able to value others above myself and live this out more than I imagined.”*

6. Our natural bend is to think of ourselves more highly than others. Why is remembering the Gospel crucial for living out the call to humbly value others above yourself?

7. Is there a relationship in your life that could improve if you were to show them value and gratitude? How can this group help you as you take steps to trust Jesus and show the other person gratitude?

8. What step can you take this week to remember the Gospel, and see the good and value in others?

The beauty of Christianity is that when we see ourselves for what we are, accept His love, and put our faith in Him, He puts His Spirit in us. His Spirit of love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self control defines us and allows us to value others just as He humbly valued us above Himself. We can take the step this week to trust that through faith in Christ we are united with Him and we have everything we need to humbly show gratitude and value to those around us.