



Week 6- “Bryan’s Story of Discovering Peace”

Growth in Church is a wonderful thing, however when growing is the main focus then a Church can feel messy. In this series we talk about the incredible growth we are experiencing at RockPoint and how as a Church we don’t want growing to taint the mission to be a safe community where anyone can discover, develop, and deepen a relationship with Jesus. In this week’s message, we hear Bryan share his story of how walking in the light with others in a safe community helped him discover the peace that comes from resting in Christ’s identity.

1. What stood out to you from Bryan’s story?

Read 1 John 1:7-9

2. What do you think it practically looks like to walk in the light with others?

3. What areas of your life are you wearing a mask?

4. What do you think will happen in your relationships with others and with God if you take the mask off?

5. Have you ever experienced more pain and struggle from hiding something? If so, can you share what that experience was like and how it impacted your life and relationships?

6. How can your response to successes and failures help you discover what you are attaching your identity and value to?

Read Isaiah 53:5

7. Are you being crushed by the weight of your struggles? What would it mean to you to find peace and rest from that?
8. What does it say about God that he sent Jesus to pay the price for you so that you do not have to be crushed by the weight of your brokenness?
9. How does looking to the cross help you step into the light with others and with God?
10. Are you able to rest in the peace that God is faithful and just to forgive you?
11. How can this group help you discover a peace that comes from trusting what Jesus has done for you?

“If we walk in the light as He is in the light, we have fellowship with one another, and the blood of Jesus, his Son, purifies us from all sin.”- 1 John 1:7

Jesus shed blood on the cross is enough to heal us from past, and present struggles. When we walk in the light in a safe community we can discover that we are not alone, and that Jesus can heal us and he gives us what we need to walk in freedom and in peace.