

Week 1- "How Do We See Jesus?"

At the beginning of a New Year we tend to look at the areas of our lives that we want to change and grow in. We make decisions in order to change and grow ourselves and while the idea is great, the resolutions we set tend to fail 90% of the time. In this series we look at what Christianity teaches about how God changes us and how it brings us the life and hope we long for.

- 1. How would you answer the question: "How do I see Jesus?"
- 2. How is your view of Jesus impacting your trust in Him?

## 2 Peter 3:18 says "Grow in the grace and knowledge of our Lord and Savior Jesus Christ."

3. How would going deeper into who Jesus is help you trust Him more?

## Read Romans 8:1-2, 9-11

4. Do you ever feel as if Jesus is angry or disappointed with you when you mess up? Why do you think that is?

## Read Matthew 11:28-29

5. Jesus describes His heart toward you as gentle and humble. Does this help you trust Him with the things you struggle with and want to change?

Romans 5:20 says: "Where sin increased, grace abounded all the more."

- 6. Discuss the reality that our brokenness and mess doesn't change who God is, how much He loves you, and our mess causes His grace to grow even more.
- 7. What step of trust can you take this week to go deeper into who Jesus is, and trust that He is sitting with you in your mess.
- 8. How can this group help you discover if your view of Jesus is impacting your faith in Him?

How do you see Jesus? It's a question we should consider and answer. If we see Him as angry, impatient, judgemental, and disappointed we will hide our mess from Him. But if we can see Him for who He says He is: gentle, tender, kind, gracious and loving we will trust that our brokenness actually causes His grace to grow even more. Christianity teaches that we don't have to hide our sin and shame, we can go to Him for the grace and help we need to change.