



## **Week 12- “Overcoming The Fears That Haunt Us”**

**In this series we are asking the questions: Why do we not change sometimes? Why as Christians do we have a hard time growing and bearing the fruit that comes from the Gospel? We are discovering that all of us have weeds and thorns that get stuck in our hearts that are choking out the seed of the Gospel and the life and fruit in it. In this week’s message, we continue to dig deeper into the thorn of fear and discover that Christianity truly offers a solution in overcoming the fears that are unique to each one of us.**

### **Read Ephesians 3:12-21 and Psalms 139:23**

1. What fears have you been able to identify as you’ve processed the message?
2. What is something you could do to help you track your fears and anxious thoughts as a way to discover where they are coming from?
3. What do you reach for when you are anxious or afraid?
4. Why is it so important to acknowledge what your fears are and how they are driving you?
5. Do you have a fear that stands out, that seems to really have a grip on your heart? If so, what is it?
6. What would it mean to you to overcome your fears?
7. Is this something that you want to overcome?

8. What does it say about God that he offers his unconditional love as the only real way to overcome your fears?

**Read 1 Peter 5:7**

9. What do you think it practically looks like to allow his love to help you in overcoming fears?

10. How can this group help you discover more of God's unconditional love for you?

**When we can really know God's love it drives out fear. His love allows us to rest and allows us to be the best versions of ourselves because we no longer feel the need to prove or defend ourselves. His love allows us to live free and confident.**

**Will you surrender your fears to Him and allow His love to drive out fear?**

**"The issue of our value was settled on the cross" Rob Reimer.**