



### **“A Helpful Diagnostic Tool”**

**In this week’s message we discover a helpful tool that helps us discover thorns, weeds, and bad seeds that are choking out the Gospel in our hearts.**

1. Have you ever had the thought that “Christianity” isn’t working for you?
2. When you bump into seasons where you don’t feel much peace, joy, or love, do you feel as if you must be doing something wrong?

### **Read Matthew 13:22-23**

3. What are some of the “worries of this life” that impact you the most?
4. The deceitfulness of wealth refers to trusting in things that can’t actually change you. What are some of the things you reach for when you find yourself struggling?
5. Who is someone in your life that has a deep understanding of the Gospel that you could invite in to help you discover if the wrong seed is growing or if the Gospel is being choked out?

**A helpful Diagnostic tool to help you diagnose what is happening in your heart when you feel stuck, heavy, or blocked. In these areas ask yourself:**

**Biologically:** is there anything going on biologically that is impacting me?

**Psychologically:** have I explored the wounds and vows I have made that define me?

**Socially:** Is there anything happening in my social sphere of life?

**Spiritually:** Am I standing on the Gospel, am I allowing someone else to impact my identity other than Christ?

6. What step can you take this week to use this tool to help you diagnose what weeds are growing in your heart and surrender those things to Christ?

7. How can you use this tool in your daily life?

8. How can awareness help you rest in the truth that Christ defines who you are and not the weeds in your heart?

**Read 1 John 1:7-9**

9. What does it practically look like to bring the things in your heart into the light?

10. How could silence and solitude help you trust God in the seeding and weeding process?

11. What step can you take to invite someone in to help you find awareness through this tool and encourage you to surrender to Christ?

***“If we are willing to walk in the light , as He is in the light, we have fellowship with one another, and the blood of Jesus, his son, purifies us from all sin. If we claim to be without sin we deceive ourselves and the truth is not in us. If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.” 1 John 1:7-9 NIV*** A helpful diagnosis tool can help us walk in the light with God and others and help us unblock the weeds that keep us from experiencing the life He has given us.