



## **Week 1- "Introduction"**

**In this series we are going on a journey through a letter Paul wrote to the Ephesians where he invites his readers to discover what a flourishing life looks like. In this letter we get to discover the power that the seed of the Gospel has in changing our lives and the weeds that can prevent us from experiencing its power and fruit in our lives. In this week's message we introduce the idea of seeding and weeding through the parable of the sower in Matthew 13 and discover how this passage sets the stage for our journey through Ephesians.**

1. Have you ever asked yourself the question: If I am a Christian why do I struggle with the same patterns over and over again?
2. What would it mean to you if you could find freedom from the things you struggle with?
3. Why do you think striving to just do more Christian things isn't enough to change you?

### **Read Matthew 13:1-22**

4. Have you ever considered that you have weeds growing in your heart that are preventing the seed of the Gospel from taking root in your heart? Why or why not?
5. Are you willing to take a deeper look inside your heart to ask yourself the hard questions? Why or why not?
6. How can this group pray for you as we begin this series?

**Our prayer through this series is that we will discover the beauty and power of the Gospel seed that Jesus made available through his life, death, and resurrection. May we accept God's invitation to see the weeds in our hearts that are preventing the Gospel seed from bearing fruit in our lives and open our hearts to Him and each other.**