



Week 2- “Who Told You That?”

When we look at what Christianity teaches about the very first picture of humanity through Adam and Eve, we can see the first two questions that God asked them after they ate the fruit and hid from God. There was a purpose in the order of these two questions. His first question, “*Where are you?*” was to help them get to the root of their hiding. And His second question, “*Who told you that?*” was to help them get to the root of WHO they were listening to.

1. Have you been able to see in your own life that when you are listening to the voices of those around you that their opinions and words dictate how you see yourself? Has this impacted decisions that you have made?

2. When you think about certain “labels” you wear and how you see yourself, can you answer the question, “*Who told you that?*” and trace this back to someone in your life?

Read Genesis 3:1-3

3. Discuss how the snake was trying to manipulate truth and cause Eve to doubt God.

Read Genesis 3:13

4. Discuss the importance of Eve getting to the root of where the lies had been planted in her heart.

5. When Eve doubted God, she took matters into her own hands, disregarded God’s words, and did what she wanted. Can you see this pattern play out in your life? When you doubt God do you have a tendency to take matters into your own hands?

Read Genesis 3:7-8

6. Discuss the fact that Adam and Eve made their own coverings and yet still felt the need to hide from God. How does this show their deep need for God?

Read Genesis 3:21

7. Can you see that at the root of it all was grace? Discuss how this first sacrifice was a picture of what was to come and how Jesus would be the sacrifice to provide our covering.

8. Do you believe that you have to meet a list of expectations in order for God to love you? Do you believe that you can be good enough to earn grace? Do you believe that the weight of your guilt and shame should define you?

“Who told you that?”

As reminders of the truth of who God is and how He sees you read: Romans 5:8, Romans 8:35,29, Ephesians 2:8-9, Romans 5:5, Ephesians 2:8.

God knew you weren't enough and He didn't walk away or shame you. He paid the price to make you enough...He sent Jesus to make you enough. Has someone told you differently? *“Who told you that?”* WHO are you going to listen to?