



## **Week 2- “Re-Defined”**

**In this series we are exploring the life and faith of David, the ancient King of Israel. We hope to discover through this series that Christianity isn't an ethereal idea but applies to our real lives, decisions, and problems. In this week's message we see how David could have allowed real trauma and problems define him and how He instead allowed the steadfast love of God to re-define him.**

1. What stood out to you from the message?
2. Have you been defined by hurt or shame? If so, how does it impact life and relationships?
3. Are you able to recognize the impact that hurt and shame have on your life and relationships? If so, how does this impact you?

### **Read Psalm 31**

4. Are you willing to evaluate how hurt and shame define you? Why or why not?
5. Are you willing to allow God to restore your soul and re-define you?
6. What do you think it practically looks like to allow God to restore your soul?
7. What step can you take this week to lean into God and look at the things that may be defining you?

**David practically trusted God and allowed His steadfast love to re-define him and His story calls us to discover a faith real enough to re-define us.**

