



Week 1- "How Does He Help"

Over the next couple of weeks as we lead up to Easter we are diving into an important reality that is often forgotten, yet it's so important for our ability to understand and experience a relationship with God. In this week's message, we go on a journey to discover that the Holy Spirit has been a helper to God's people from the very beginning, and what it means for us as we walk out our faith.

1. What are some of the challenges you face as you walk out your faith?

Read John 14:16-17 and John 16:7

2. God knew that you could not follow Jesus without help, so he sent the Holy Spirit to help you. What does this say about His heart for you?

3. How does the phrase "Another Helper" bring clarity to the Holy Spirit's role in your life?

4. Jesus elevated the need for the Holy Spirit to His followers on the night before He died. In what ways do you sense that He is elevating the need for the Spirit in your life?

Read Joel 2:28-29

In the Old Testament the Holy Spirit came on Specific people, for specific times and for specific tasks. The Old Testament points to an anticipation building for the promised Holy Spirit to come to everyone, through Jesus. The Holy Spirit:

- **Is with you and in you.**
- **Will bring new life to you.**

- **Will help you creatively be who He has called you to be and do what He has called you to do.**
- **Will give you strength and help to lead where He wants you to lead.**
- **Will help you help others.**
- **Is for anyone who believes in Jesus.**

5. How have you seen your life change in ways that could only come from the Holy Spirit's help?

6. What do you think it looks like to depend on the Holy Spirit in every aspect of your life?

Read Acts 2:17,38-39

7. Through faith in Jesus you have the promise that Christ's Spirit is in you. What step of trust can you take this week to rest in the reality that He is with you, in you, and is doing something new in your life?

8. How can this group encourage you in deepening an awareness of the Holy Spirit in your life?

The Holy Spirit has been a part of the Church from the beginning and lives continue to change. This is why the Holy Spirit was a big part of Jesus' final moments with His disciples. It was important to Jesus that we know that we have a helper to live out our faith in the ways He talked about.