



Week 10- “A Faith That Meets Our Deepest Needs”

In this series we will go on a journey experiencing the Psalms. The Psalms offers not just a practical, theological journey but also an experiential journey through poems and songs. The Psalms invite us to experience humanity in an honest and real way. In this week’s message, we explore a Psalm that gives us a beautiful picture of what a “faith that is alive” looks like.

Read Psalm 103

1. What verses or phrases in Psalm 103 stand out to you the most? Why?
2. Have you ever known someone who had a “faith that was alive”? What seemed to make their faith so genuine and transformative?
3. The message says David's faith wasn't inherited or merely intellectual—it was experienced. What do you think is the difference between knowing about God and experiencing Him?

The message identified six deep human needs: Forgiveness, Healing, Redemption, Love & compassion, Satisfaction, and Justice.

4. Which one of these needs resonates with you the most right now? Why do you think that is?
5. Why do you think we often try to meet these needs through success, relationships, achievement, or approval? How have those things left you wanting more?

6. According to Psalm 103, what does God offer that addresses our deepest needs?
7. David's Psalm describes God as "compassionate and gracious, slow to anger, abounding in love." Is that how you naturally picture God? Why or why not?

Read Ephesians 1:7-8 and Isaiah 53:5

8. How does the cross demonstrate both God's justice and His love at the same time?
9. Is there an area where shame, hurt, or fear still feels like it defines you? How might the truths of Psalm 103 speak into that?
10. Have you discovered a faith that is alive that it meets your deepest needs? Why or why not?
11. What does it practically look like to allow what Christ did on the cross to penetrate your heart?

David discovered a faith so alive that it met all of his deepest needs and it changed him. Christianity teaches that we all have these needs, and what Jesus did on the cross makes it possible for us to have those needs met, and for us to discover a faith so alive, it changes us too.