



Week 14- “Deliver Us From Evil”

In this series we are asking the questions: Why do we not change sometimes? Why as Christians do we have a hard time growing and bearing the fruit that comes from the Gospel? We are discovering that all of us have weeds and thorns that get stuck in our hearts that are choking out the seed of the Gospel and the life and fruit in it. In this week’s message, we continue the conversation from last week and get practical on how we can overcome the stubborn thorns that get stuck in our hearts.

1. What stood out to you from the message?

Read Ephesians 6:10-17

2. What do you think it practically looks like to put on the full armour of God?

In putting on the full armour of God here are a few questions to ask yourself:

- **Am I living in truth? Am I hiding? Are my confessions current?**
- **Have I acknowledged my sin and accepted his grace? Where am I holding on to my righteousness? Have I accepted that my attempts aren’t enough and I need him?**
- **Do I trust Him or me? What am I reaching to for comfort and security?**
- **What voices am I listening to, The Father’s or mine? Do I trust shame and condemnation in my mind, or the Gospel?**
- **Am I trusting His word or mine?**

3. Why do you think asking the hard questions is a necessary step in finding deliverance from footholds in your life?

The Principles of seeding and weeding are: Identity, Repentance, Family sin patterns, Healing wounds, Fear.

4. How can taking the time to truly explore each of these areas help you identify where you have given the enemy a foothold?

5. Why is it important to invite the Holy Spirit and others in to help you see the thorns that are stuck?

Read Ephesians 1:20-22 and Ephesians 2:6

6. What does it practically look like to then stand personally, and in a safe community with others?

7. What does it practically look like to stand in the shadow of the cross and rest in Him?

If we trust Christ and find ourselves in Him then Ephesians 2:6 Tells us “God raised us up with Christ and seated us with Christ in the heavenly realms in Christ Jesus.” When we trust in Christ the enemy loses all power and every foothold in our lives and Jesus delivers us from the evil one.