



Week 6- "The Natural Result: Walk"

Christianity offers us an incredible opportunity to read documents written by people who knew Jesus. They wrote first hand accounts of what Jesus said and what He did. In this series, we are reading a letter written to the Ephesians by a guy named Paul. In this week's message we begin to see what it looks like to practically walk worthy of the calling we have received, and it begins with remembering what Jesus has done for us and in us.

1. When you hear the words "walk in a manner worthy of the calling in which you have been called" how do you feel and what do you think it means?
2. Why do you think shame seems to try to define you when you struggle to walk in a way that looks like Jesus?

Read Ephesians 3:20-21

3. Why do you think it is so important to remember the foundation of the Gospel that Paul talks about in Ephesians 1-3 before you can even begin to walk like Jesus?

Read Ephesians 4:1-3, 13-24

4. If through faith in Jesus you have a new identity, and nature then why do people as a whole seem to strive to prove their worth?
5. When you have a deep understanding of the Gospel you will naturally walk differently. What do you think the Holy Spirit's role is in helping you walk like Jesus?

6. Are you able to give yourself grace knowing that becoming more like Christ (loving, gentle, patience) takes time? Why or why not?

7. What do you think it looks like to renew your mind and remember who you are in Jesus?

8. When you find yourself struggling to walk out who you are in Christ, can you ask yourself why to discover what is there? Why or why not?

9. How can this group help you discover a deeper understanding of who you are in Christ?

When we are seated with Christ, when we have accepted what He has done, then we can't help but walk differently. Paul doesn't practically show us how to walk out our Christian faith without first laying the foundation of the Gospel. It is only through Jesus that we have the ability, strength, and power to walk and we can daily come back to remember who Jesus is, what He has done for us, and lean into His Spirit to help us grow in Him.