

What's Underneath?

Foundational Living – Sermon Notes & Discussion Guide

Main Passage: Matthew 7:24–27 (ESV)

This sermon explores the difference between the wise builder and the foolish builder. Jesus teaches that storms reveal the strength of our foundation. A life built on culture, people, emotions, or temporary things will eventually shake, but a life built on Jesus Christ and obedience to His Word will stand firm.

Sermon Outline

- The tragedy of the Sampoong Department Store and the danger of weak foundations
- A culture obsessed with immediacy and shallow roots
- The Foolish Builder – Hearing without obedience
- Earthly foundations eventually fail
- Preparing convictions before temptation arrives
- The Wise Builder – Obedience builds stability
- Faith must be lived, not merely heard
- Encouragement to youth and young adults
- A challenge to parents to model faith at home
- Invitation to rebuild your life on Christ

Key Quotes from the Sermon

- “Storms have a way of revealing what’s underneath.”
- “Foundations are built through consistency, patience, obedience, and time.”
- “We want the blessings of Christianity without the discipline of discipleship.”
- “If you wait until the storm arrives to decide what you believe, you’ve already waited too long.”
- “Knowledge without action is simply information—it is obedience that builds the foundation.”
- “Only Jesus.”

Personal Reflection Questions

- 1 What foundation am I currently building my life upon?
- 2 What areas of my faith have become shallow or inconsistent?
- 3 What storms or challenges have recently revealed weakness in my foundation?
- 4 What voices or influences are shaping my beliefs and decisions?
- 5 Am I living as a hearer only, or am I actively obeying God’s Word?
- 6 What practical steps can I take this week to deepen my foundation in Christ?

Questions for Youth & Young Adults

- 1 What pressures in school, culture, or friendships challenge your foundation most?
- 2 Have you already decided what lines you will not cross?
- 3 What habits could help strengthen your relationship with Christ?
- 4 How can you remain rooted in your faith as you move into adulthood?

Questions for Parents & Families

- 1 What example of faith are your children seeing at home?
- 2 Do your priorities reflect that Christ is truly first in your life?
- 3 How can you intentionally lead your family spiritually this week?
- 4 What areas of your own foundation need strengthening?

Closing Thought

Today is the day to stop building on shifting sand and begin building on the Rock—Jesus Christ. The storms of life will come, but a life rooted in Christ and obedience to His Word can stand firm.