

# Discussion Questions

## August 15 – 21

If you missed the weekend sermon, you can find it here:

<https://www.biblechapel.org/sermons/>

1. If you had to eat one meal every day for the rest of your life, what would it be?  
*(Icebreaker courtesy of Mike Hershey's group – thanks much)*
2. **Read Psalm 62:1-4.** What is the “*WHY?*” behind David waiting in silence for God?
3. **Read Psalm 62:1 & 5.** What does it mean in practical terms to wait in silence for God?
4. Describe the balance between trusting people and trusting in people.
5. **Read Psalm 62:10.** Why is it so tempting to put our trust in material things? How should a believer deal with this great temptation?

## Bible References

### Psalm 62

#### My Soul Waits for God Alone

To the choirmaster: according to Jeduthun. A Psalm of David.

- 62** *For God alone my soul waits in silence;  
from him comes my salvation.*
- <sup>2</sup> *He alone is my rock and my salvation,  
my fortress; I shall not be greatly shaken.*
- <sup>3</sup> *How long will all of you attack a man  
to batter him,  
like a leaning wall, a tottering fence?*
- <sup>4</sup> *They only plan to thrust him down from his high position.  
They take pleasure in falsehood.  
They bless with their mouths,  
but inwardly they curse. Selah*
- <sup>5</sup> *For God alone, O my soul, wait in silence,  
for my hope is from him.*
- <sup>6</sup> *He only is my rock and my salvation,  
my fortress; I shall not be shaken.*
- <sup>7</sup> *On God rests my salvation and my glory;  
my mighty rock, my refuge is God.*
- <sup>8</sup> *Trust in him at all times, O people;  
pour out your heart before him;  
God is a refuge for us. Selah*
- <sup>9</sup> *Those of low estate are but a breath;  
those of high estate are a delusion;  
in the balances they go up;  
they are together lighter than a breath.*
- <sup>10</sup> *Put no trust in extortion;  
set no vain hopes on robbery;  
if riches increase, set not your heart on them.*
- <sup>11</sup> *Once God has spoken;  
twice have I heard this:  
that power belongs to God,*
- <sup>12</sup> *and that to you, O Lord, belongs steadfast love.  
For you will render to a man  
according to his work.*

Source: [biblegateway.com](http://biblegateway.com)