

God Got Me Personal or group-based guide for additional study

Scripture: Psalm 23:4

Opening Prayer

Begin with prayer, asking God to open hearts and minds to receive His comfort and reassurance during your time together.

Icebreaker Question

Share a time when you felt God's protection or presence during a difficult season. What helped you recognize He was with you?

Key Scripture

Psalm 23:4 - "Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me."

Supporting Scriptures:

- John 10:10, 29
- Romans 8:31
- Isaiah 41:10
- Hebrews 13:5

Key Takeaways

- 1. **God Has You** We are never alone; God's angels watch over us continually
- 2. **Through, Not In** We walk *through* the valley, not stay in it
- 3. **No Need to Fear** When God is with us, fear has no place
- 4. **The Valley Is Necessary** Growth happens in the valley
- 5. **God Is in Control** Nothing happens without God's permission (Lamentations 3:37)



Discussion Questions

Understanding the Message

- 1. The pastor emphasized the phrase "God got you" throughout the sermon. What does this phrase mean to you personally? How does it change your perspective on current circumstances?
- 2. Read Psalm 23:4 together. What's the significance of the word "through" in this verse? How does this differ from being stuck "in" the valley?
- 3. The sermon mentioned that "the thief comes to steal, kill, and destroy, but Jesus comes that we may have life more abundantly" (John 10:10). What are some ways the enemy tries to steal our peace in the valley seasons?

Applying Truth

- 4. David said, "I will fear no evil, for you are with me." What are some current situations (personal or global) that tempt you to fear? How can you practically apply this truth to those situations?
- 5. The pastor stated that "when fear is present, faith can't show up." Have you experienced this? What helps you shift from fear to faith?
- 6. The sermon mentioned several things that can become idols (money, phones, jobs, appearance). How can we identify when something has become more important than God in our lives?



Going Deeper

- 7. The rod and staff represent God's protection and guidance. Can you share a specific time when you experienced God's "rod" (protection) or "staff" (guidance) in your life?
- 8. The pastor said, "The valley is necessary" for growth. Looking back, how have you grown through a valley experience? What did God teach you that you couldn't have learned any other way?
- 9. Read Romans 8:31 "If God be for us, who can be against us?" How should this truth affect the way Christians respond to world events differently than non-believers?

Practical Applications

This Week's Challenge (Choose one or more):

- **Scripture Meditation**
- Memorize one of these verses: Psalm 23:4, Isaiah 41:10, or Hebrews 13:5
- Set it as a phone reminder or write it on a notecard to review throughout the day
- **Idol Inventory**
- Take 15 minutes to prayerfully ask God: "What have I put before You?"
- Write down what He reveals and create a plan to reorder your priorities
- **Valley Reflection**
- Journal about a current "valley" you're walking through
- List specific ways you've seen God's presence, even in small ways
- Share this with an accountability partner
- **Fear vs. Faith**
- When you feel fear rising this week, pause and pray: "Lord, I trust You. You have me."
- Keep a count of how many times you choose faith over fear



Prayer Focus

Pray together for:

- Those currently walking through dark valleys
- Strength to trust God's control over world events
- Freedom from fear and anxiety
- Eyes to see God's presence in difficult circumstances
- Wisdom to keep God first and remove idols from our lives
- Boldness to walk by faith, not by sight

Closing Reflection

"We're not staying in the valley. We're going through the valley. And the One who's leading us knows how to get us through."

Take a moment of silence to let this truth settle in your heart. Then close in prayer, thanking God that He has each person in the group.