## The Book of Ephesians (Week 7) – Study notes

## Ephesians 4:1-16

- 1. Read through the passage several times. What are some of the verses that catch your attention and why?
- 2. In verse 3 Paul urges us to make every effort to keep "the unity of the Spirit". What are some of the practical ways in which we can accomplish this?
- 3. Do you think it is achievable to be united as the Body of Christ city-wide, nation-wide or globally? Why or why not?
- 4. In verse 11 Paul speaks about the 5 gifts of Apostle, Prophet, Evangelist, Teacher and Pastor. If these gifts were still in operation today, how would we recognize them?
- 5. How aware are you of the spiritual gifts you have received and how are you currently exercising them?
- 6. In the last part of the chapter Paul speaks of maturity in the Body of Christ. Meditate on this idea and write down your thoughts on how this can be achieved?
- 7. Which practical steps can you take in order to grow "towards the standard of Christ?"