

The Book of Ephesians (Week 8) – Study notes

Ephesians 4:17-32

1. Read through the passage several times. What are some of the verses that catch your attention and why?
2. In both verses 17 and 23 Paul speaks about a new way of thinking. How do you think we can cultivate that in our lives as believers and what are some of the areas that requires a new way of thinking in your own life
3. In verse 24 Paul speaks about putting off the old self like you would do with clothes. How do think that works practically and how are you doing that on a daily basis?
4. Paul speaks about speaking the truth at all times. Do you find that easy or hard to do? What about the conflict or hurt that might come from me speaking the truth at all times?
5. Paul speaks about “not letting the sun go down while you are still angry”. What does this mean to you and how can you put that into practice?
6. What are some of the areas in your life where you have given the devil a foothold (v.27)?
7. Paul speaks about words that build up. Can you do that consistently? How can you improve? (v.29-32)