

THE POWER OF THE HOLY SPIRIT

Week Three



Acts 1:8 NLT

“... you will receive when the
comes upon you ...”

Notes:

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THE HOLY
Spirit

Discussion Questions:

- ◆ What is one new insight or deeper understanding you gained about the Holy Spirit during this series?
- ◆ What are you more likely to do: quench the Spirit or confuse the Spirit? Consider why that may be your tendency, and share your thoughts with the group.
- ◆ Read John 14:15-17 together. Jesus promised us that we would not be alone, that we would have an advocate—the Spirit of Truth. What are some ways we can become more aware of the Spirit’s presence throughout our day?
- ◆ The Holy Spirit convicts us of sin, but it’s not to shame us, but to draw us closer to Jesus. Why is that distinction important?
- ◆ The Holy Spirit helps us become more like Jesus. Is there a certain area of your life where you feel God is inviting you to grow to be more like Christ? Share with the group and spend some time praying for each other.
- ◆ Read the Holy Spirit Prayer of Saint Augustine together as a group. You can find the full prayer on our website or by scanning the QR code below.

Practice

Breath Prayer:

A breath prayer is a simple, short prayer that is prayed slowly in rhythm with your breathing. It is a simple way to stay aware of God’s presence throughout your day, take a slow breath in as you pray, “Holy Spirit, move in power,” and then breathe out slowly, “Draw me closer to Jesus.” Repeat it a few times whenever you feel distracted or need to refocus. Over the week, let it become a reminder that the Holy Spirit is with you, working in you and leading you.

Inhale: Holy Spirit, move in power.

Exhale: Draw me closer to Jesus.

***Want to learn more about the Holy Spirit?
Scan this QR code or visit sunnybrookchurch.org.***

