

6 WEEKS



EMPOWERED
FAITH THAT CAN SAVE THE DAY

FAMILY STUDY GUIDE

Hey, families!

Enjoy this family study guide as a supplement to the current sermon series. Our prayer is that it stirs up meaningful conversation with your kids, gets them involved as much as possible, and encourages kids (big and little) to read what they can. We hope you have fun as a family!

A child's greatest spiritual influence will always be you. We're here for support and to cheer you on!

Sunnybrook Family Ministry Team

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@sunnybrook_msm
@sunnybrook_hsm

EMPOWERED

FAITH THAT CAN SAVE THE DAY

Big Church Series: “What God Can Do Through Ordinary You”

Big Idea: From beginning to end, the Bible is filled with incredible stories of heroes whose faith in God allowed them to be used to save the day!

Kids will learn that they can put their faith in God, because He is worthy of our trust.

**BE STRONG AND
COURAGEOUS. DO NOT BE
AFRAID OR DISCOURAGED.
FOR THE LORD YOUR GOD IS
WITH YOU WHEREVER YOU
GO. JOSHUA 1:9**

MOSES

CAPTAIN COMMANDMENTS

My Superpower: God says I am chosen. (Numbers 12:6-8)

Bottom Line: God wants us to be encouragers.

Bible Story: God splits the red sea. - Exodus 14:13-2

Summary: Moses had faith that God would take care of his people, even when they were trapped between an army and a large sea.

Icebreaker: Who is one person you can always count on for encouragement?



Parents - What you Need to Know:

As parents, you are the number one encourager for your child when they are afraid. Ask God to help you be patient and kind, and give them the encouragement to face their fears when they are afraid. God can use YOU to help them grow their faith!

Discussion Questions:

- Who was "Captain Commandments," and how did he encourage his people?
- What did God do to save the Israelites?
- How can we encourage our friends when they feel afraid?

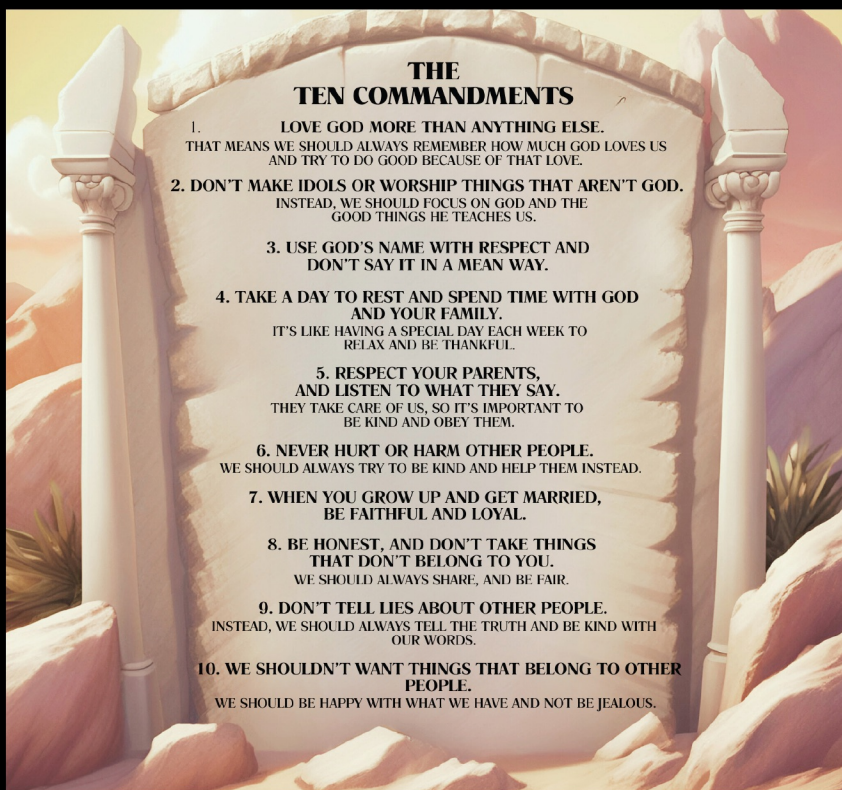
Weekly Challenge: Think of someone you can encourage this week.

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Prayer: Dear God, help us to encourage others around us ...even when we are afraid.

Word of the Week - Commandment: Rules that God gave Moses and His people to help them live good and happy lives.



NOAH

ARK MAN

My Superpower: God says I am courageous. (**Joshua 1:9**)

Bottom Line: Having faith means trusting God's plans.

Bible Story: Noah's Ark - **Genesis 7:6-18; 8:15-22**

Summary: God asked Noah to build an ark. He told Noah that He was going to flood the

whole world, and He wanted to save Noah's family. Noah had never seen a flood like this, but he obeyed God because he trusted God's plan.

Icebreaker: If you needed help, what one super hero would you want to make a plan to help you?



Parents - What you Need to

Know: Are you seeking God's direction? Are you following God's plan? Ask God to give you the faith to trust His will so that you can set a faithful example to your kids.

Discussion Questions:

- What crazy plan did God ask Noah to follow?
- How hard do you think it was for Noah to follow the plan?
- Why do we need to follow God's plan for our lives?

Weekly Challenge: This week, ask God for direction in some area where you need help.

Prayer: Dear God, please give us the faith to obey you and trust your plans.

Word of the Week -

Courageous: Facing your fears and not letting them stop you from doing something important.



ABRAHAM

MR. OBEDIENT

My Superpower: God says I am favored. (Psalm 5:12)

Bottom Line: Having faith means obeying God, no matter what.

Bible Story: Abraham moves to a new place - **Genesis 12:1-4**

Summary: God asked Abraham to move to a new place and Abraham obeyed immediately.

Icebreaker: If you were on a super hero squad, what hero would you want to be your team leader?



Parents - What you

Need to Know: If we have faith, we will obey God's direction. We will trust Him enough to follow Him and to follow the first time He asks. Is there some area in your life where you are not being obedient? Give it to God, and ask God to give you an obedient heart.

Discussion Questions:

- What did God ask Abraham to do?
- Why didn't Abraham question God when He asked him to move?
- How can we be more obedient to God?

Weekly Challenge: Where do you need to be more obedient? When you find it hard to obey, ask God for help.

Prayer: Dear God, please give us an obedient heart so we can follow you.

Word of the Week - Favored: God had a special place in His heart for Abraham because of how much he loved and trusted Him.



SAMSON

MIGHTY-MANE SAMSON

My Superpower: God has made me STRONG (Isaiah 40:31)

Bottom Line: God still hears us, even when we mess up over and over.

Bible Story: Samson & Delilah - Judges 16:4-31

Summary: Samson was very strong but made many bad

choices that got him and the Israelites into trouble. He prayed that God would hear him, and God answered his prayer.

Icebreaker: Create a super hero name that has never been used before using an animal and either "man" or "woman" at the end.



Parents - What you Need to

Know: God always hears our prayers, even when we mess up over and over again. Pray that your children will always cry out to God, even when they are disobedient to Him.

Discussion Questions:

- Who is Mighty-Mane Samson, and what made him strong?
- Why do you think Samson kept making the same mistake?
- Do you think God still hears you even when you make mistakes?

Weekly Challenge: Talk about a mistake you keep making over and over. Decide you're not going to make that mistake this week, and celebrate when you resist!

Prayer: Dear God, please give me the strength to listen to you. Thank you that you still hear my prayers, even when I mess up.

Word of the Week -

Consequence: Consequences are the result of our actions, whether they are good or bad.

GOD SAYS I AM...



GIDEON

MR. 300 MAN ARMY

My Superpower: God says I am a warrior. (**Judges 6:12**)

Bottom Line: Nothing is impossible with God.

Bible Story: Gideon defeats the Midianites - **Judges 7:1-22**

Summary: Gideon had a small army, but God had a plan to confuse the enemy and give Gideon the victory.

Icebreaker: Have you ever seen something happen that you thought was impossible?



Parents - What you Need to Know: If we have faith in God, we will see miracles. When we see miracles, they will increase our faith. Pray for your kids to have a strong faith so that God can do great things in their lives.

Discussion Questions:

- Who is “Mr. 300 Man Army” and what did he do?
- Why do you think God wanted Gideon to trust him and have faith?
- Do you think God can use us to do the impossible?

Weekly Challenge: If you are facing a difficult situation - at home, or at school - pray, and give it to God. He cares about what you care about.

Prayer: Dear God, we believe in you. Please show us how you can do what seems impossible in our lives.

Word of the Week - Midianites:

The Midianites were neighbors to the Israelites (who were God’s special people). Sometimes, they weren’t very nice to the Israelites.

GOD SAYS I AM...



JESUS

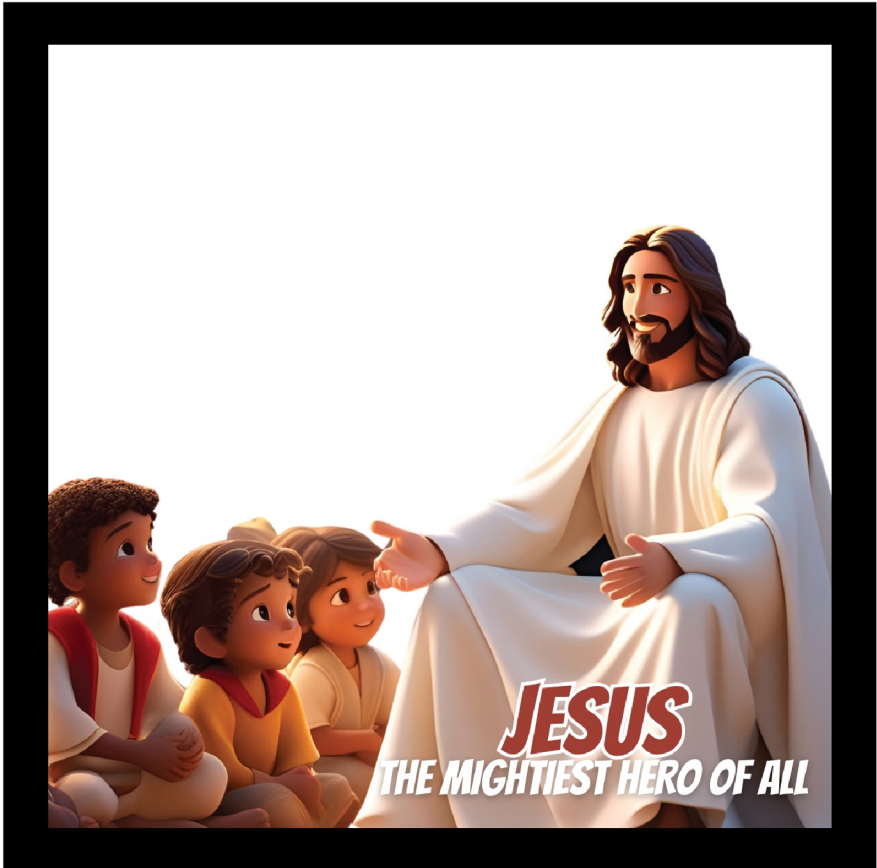
THE MIGHTIEST HERO OF ALL

My Superpower: God says I am LOVED. (John 3:16)

Bottom Line: Put your faith in Jesus.

Bible Story: Jesus prays in the Garden - **Matthew 26:36-46**

Summary: Jesus is the greatest example of faith because He trusted God's plan no matter what. When He prayed in the garden He showed that He trusted God completely even when He knew obeying God meant He would have to die to save the world.



Icebreaker: If you could become a superhero, what would your hero name be?

Parents - What you Need to Know: This week is a great opportunity to talk to your kids about what it means to accept Jesus as their Savior. If they make this decision, CELEBRATE with them as they begin their walk with Christ!

Discussion Questions:

- Who is the mightiest hero of all?
- What did Jesus do to become our hero?
- How can we make Jesus our Savior?

Weekly Challenge: Tell someone you know about the story you learned about Jesus this week, so that maybe they can believe in Him, too!

Prayer: Dear God, thank you for being such an amazing example of incredible faith that we can follow all of our lives.

Word of the Week -

Salvation: Salvation is when we tell God we're sorry for the mistakes we've made, and He forgives us and helps us to be better.

GOD SAYS I AM...





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