

6 WEEKS

**GOD IS...**

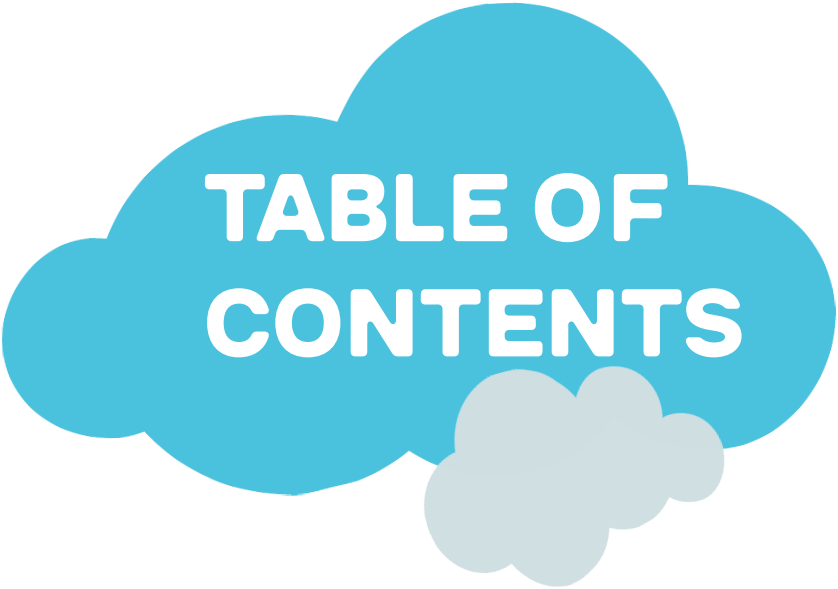
Hey, Families!

Enjoy this family study guide as a supplement to the current sermon series. Our prayer is that it stirs up meaningful conversation with your kids. Get them involved as much as possible. Encourage the kids to read the opening question, big idea, or prayer. Invite older siblings to participate and have fun.

The greatest spiritual influence will always be you. We're here for support and to cheer you on!

Sunnybrook Family Ministry Team





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# WEEK 1

## **Kicking it Off:**

What's your favorite thing we do as a family?

## **Big Idea:**

God gives me HOPE

## **Key Scripture:**

LAMENTATIONS 3:21-24

*"But here is something else I remember. And it gives me hope. The Lord loves us very much. So, we haven't been completely destroyed. His loving concern never fails. His great love is new every morning. Lord, how faithful you are! I say to myself, 'The Lord is everything I will ever need. So, I will put my hope in him.'"*

## **Talk About it Together:**

Finish this sentence:

God is \_\_\_\_\_.

What comes to mind?

Where did you get that idea?

There's a LOT to learn about God, and the Bible has a lot to say, so let's dig in together!

Did you know that lamentations are sad poems? The writer was feeling sad and HOPE-less. When have you felt that way? What does the writer want to remember so that he has HOPE? (The Lord is everything he needs.)

God's love is new every morning. It's like a fresh start—a do-over. Talk about a time you needed a do-over. How can our family offer hope to each other and give do-overs once in a while?

## **Activity:**

Make a sign or write on your bathroom mirror GOD GIVES ME HOPE.

## **Talk to God:**

Dear God, thank you that every morning is a new, fresh start full of your love and hope. When we feel hopeless, we can remind each other that we should put our hope in you. Thanks for all your love! Amen.

# WEEK 2

## **Kicking it Off:**

If you could be good at anything, what would you be good at?

## **Big Idea:**

I can trust God with my worries.

## **Listen:**

The song "Sparrows" by Cory Asbury based on Matthew 6:25



## **Watch:**

Don't Worry



## **Key Scripture:**

Matthew 6:25  
*"Do not worry."*

## **Talk About it Together:**

What worries you?  
What is something Jesus said the flowers and birds can teach us?

There are a lot of things we think about, and sometimes we can start to worry about these things. Jesus said, "Do not worry." And like the flowers and the birds from our story, you can trust that God cares about you and knows what you need. He will take care of you. That does not mean you will always get everything you want. And it does not mean you might not still think about the things you are worried about, but worrying about them doesn't make things any better.

This week when you feel yourself starting to worry, remember Jesus said, "Do not worry." You can tell God about what you are worried about and trust him.

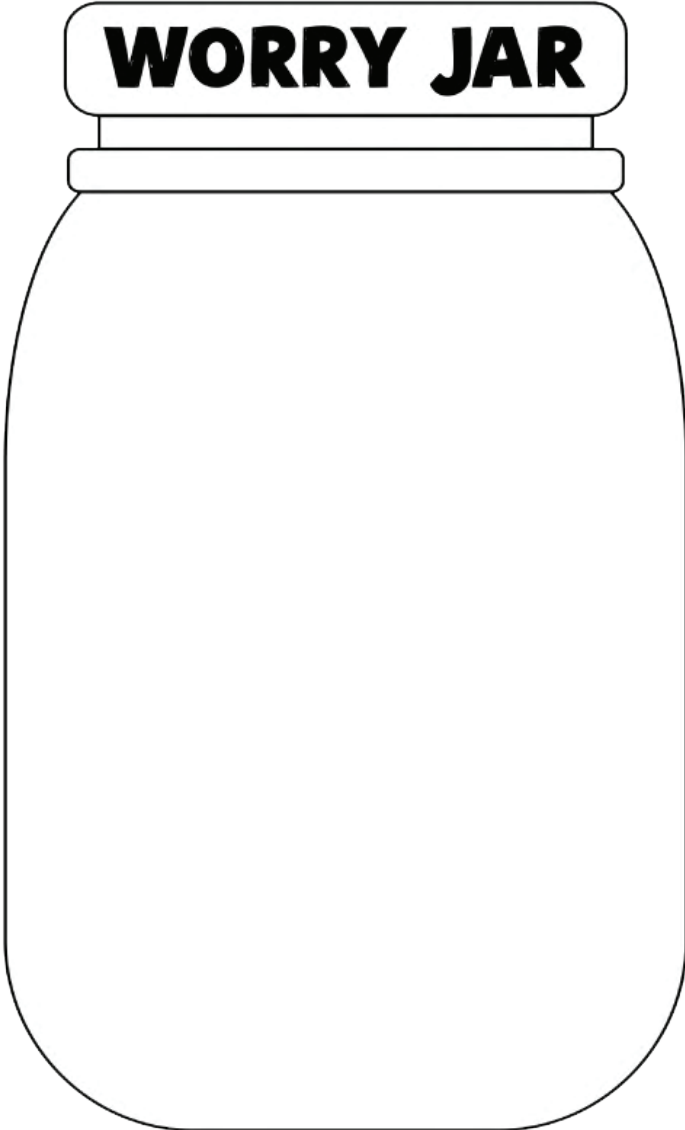
## **Talk to God:**

Dear God, help us not worry. When we start to worry, help us remember the flowers don't worry and the birds don't worry, so we don't need to worry. Help us follow Jesus and trust that you know everything we need and that you will take care of us. We love you. Amen.

# ACTIVITY:

What would you like to stop worrying about? Write or draw your worries in the jar and leave them there to talk to God about.

"Do not worry." Matthew 6:25



# WEEK 3

## **Kicking it Off:**

If you had to eat the same thing for the rest of your life, what would you eat?

## **Big Idea:**

God loves me.

## **Key Scripture:**

PSALM 139:14

*"I praise you because I am fearfully and wonderfully made. Your works are wonderful, I know that full well."*

## **Talk About it Together:**

Read the verse several times slowly. Who is wonderfully made? (Each person) Whose work/creation is wonderful? (God's work) Who is being praised? (God)

The Bible says you are fearfully made. There is something so intricate and meaningful about how God made you that we really should be in awe, like how we felt when you joined our family for the first time!

You are made and loved by God. Nothing about you is an accident. You are uniquely wonderful. What are some unique things about each person in our family?

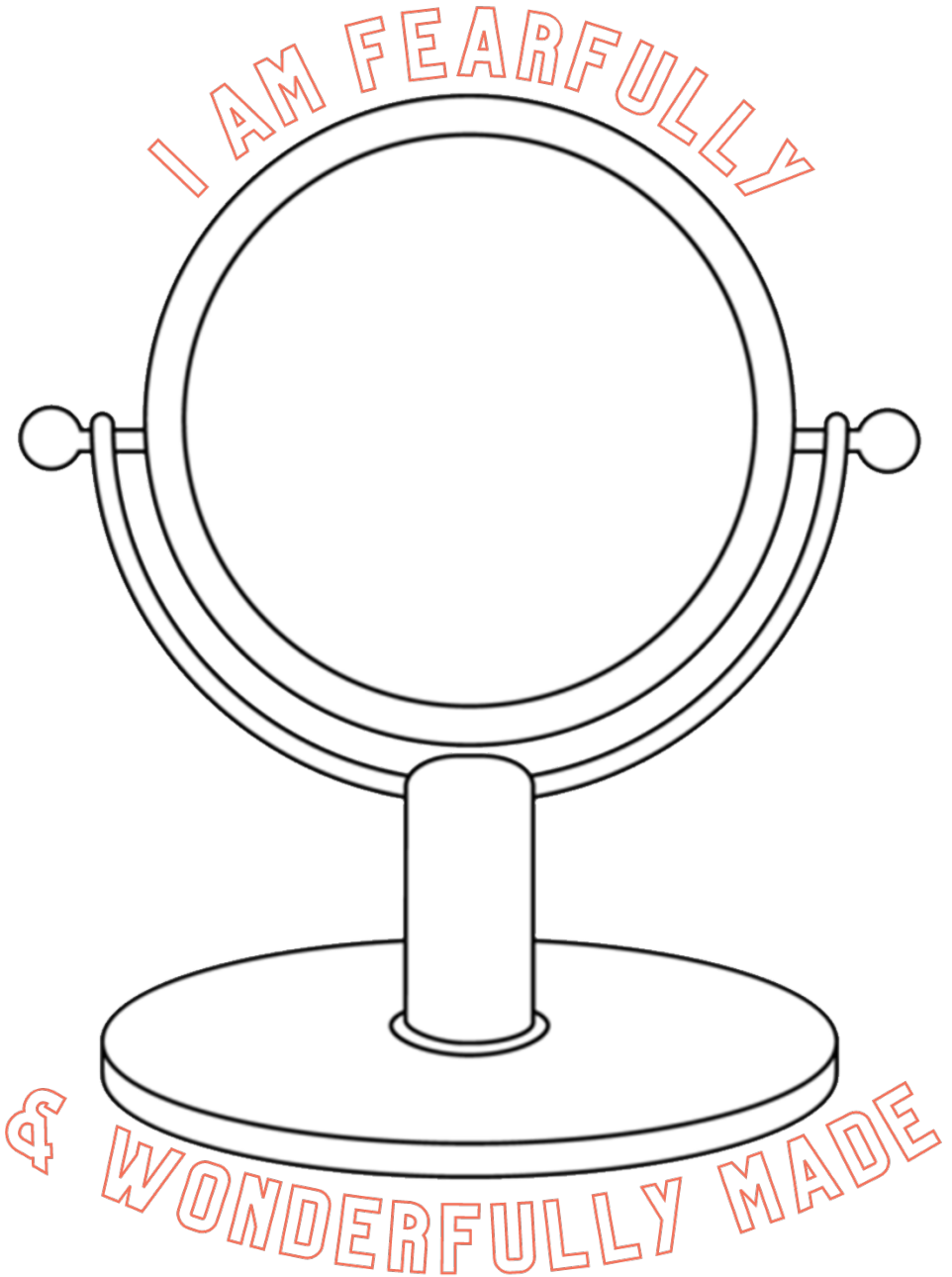
God made each of us unique and that uniqueness is wonderful but also planned. God had a plan and purpose when he made you because he loves you.

## **Talk to God:**

Dear God, thank you for making each person in our family on purpose. Help us to pay attention to the differences so we can be in awe of your love and creativity! Your works are wonderful! Amen!

# ACTIVITY:

Draw yourself inside the picture frame.



# WEEK 4

## **Kicking it Off:**

What do you like daydreaming about?

## **Big Idea:**

My God is so BIG.

## **Listen:**

Veggie Tales "My God is so Big"



## **Key Scripture:**

PSALM 104

*Read Psalm 104 out loud. The imagery is amazing and describes how great God is.*

## **Talk About it Together:**

As you read Psalm 104, take your time. Stop and talk about the things mentioned in creation that you've seen. How do they point to God's greatness?

## **Talk to God:**

God, you are so big that we can't even understand how big and amazing you are! Help us to trust you and remember your big love for us! Amen.



# ACTIVITY:

- \_\_\_\_\_ made the universe and everything is under his control.
- \_\_\_\_\_'s love is new every morning.
- \_\_\_\_\_ is always with us. No matter where we go, he is there.
- We can talk to \_\_\_\_\_ anytime, anywhere, about anything!
- It's ok if we doubt \_\_\_\_\_, some things are just too hard for us to understand. He can handle it.
- \_\_\_\_\_'s love is bigger than the ocean.
- Ask \_\_\_\_\_ for wisdom and he promises to always give it.
- \_\_\_\_\_ keeps his promises.



# WEEK 5

## **Kicking it Off:**

If you had \$100 and couldn't spend it on yourself, what would you do with it?

## **Big Idea:**

I can talk to God anytime, anywhere, about anything!

## **Key Scripture:**

MATTHEW 6:9-13

*"Our Father in heaven, may your name be honored. May your kingdom come. May what you want to happen be done on earth as it is done in heaven. Give us today our daily bread. And forgive us our sins, just as we also have forgiven those who sin against us. Keep us from sinning when we are tempted. Save us from the evil one."*

## **Talk About it Together:**

When Jesus talked about prayer, he gave us a really great example of what prayer can look like. He wanted his friends to know that praying is easy...it's just talking to God about the things in our life that matter to us. The things we're concerned about.

1. Tell God he's awesome! What are some ways God is awesome?
2. Say "thank you". What can you say thank you for?
3. Tell God what you need. What would you like to ask God? Is there something you need help with?
4. Say "I'm sorry". Ouch, this is a hard one (even for grownups). What do you need to say sorry for?

## **Activity:**

Watch The So & So Show: How Do You Pray to God? Episode 24



# YOU CAN PRAY EVERY DAY!

WHEN JESUS TALKED ABOUT PRAYER, HE GAVE US  
A REALLY GREAT EXAMPLE OF WHAT PRAYER CAN  
LOOK LIKE!

TELL GOD HE'S



“

“And my God will meet all your needs according to the riches of his glory in Christ Jesus.” Phillipians 4:19

SAY THANK YOU



“

“Every good and perfect gift is from above, coming down from the Father of the heavenly lights.” James 1:17

ASK GOD



“

“Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you.” Colossians 3:13

SAY YOU'RE



“

“Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others.” Phillipians 2: 3-4

# WEEK 6

## **Kicking it Off:**

Where do you want to live when you grow up?

## **Big Idea:**

God will give me wisdom

## **Key Scripture:**

PROVERBS 2:6

*“For the Lord gives wisdom; from his mouth come knowledge and understanding.”*

## **Talk About it Together:**

How do you usually make a hard decision? Sometimes it's easy to know between right and wrong, but what about choosing the wise thing to do?

Because God loves us, his way is always the best way. He will give us the wisdom we need when we ask for help. God will give you wisdom because he loves you. If you feel confused about what to do, you can PRAY, READ or ASK! Pray—talk to God about it; read the Bible; or ask for help.

## **Activity:**

Seek wisdom—PRAY, READ, OR ASK!

When I read a scenario, quickly slap one of the pictures that will help you find wisdom, then we'll read how that answer would help.

## **Scenario 1**

Mom tells you it's too close to dinner to have a snack, but you know there are bags of chips in the pantry.

**PRAY:** When you have a choice to make about whether to obey Mom, you could ask God to help you obey even when you really want a snack!

**READ:** Colossians 3:20 says, “Children, obey your parents in everything, for this pleases the Lord.” So when Mom tells you to wait to eat until dinner, God says we need to obey.

**ASK:** You can always ask someone you trust who follows God about what you should do when you're tempted to disobey.

## Scenario 2

You are tempted to lie to your teacher because you are afraid you might get in trouble.

**PRAY:** When you're facing a choice about whether to tell the truth, you can stop and ask God to help you have the courage to do the wise thing even when it means there might be a consequence.

**READ:** Proverbs 12:22 says, "The Lord detests lying lips but he delights in people who are trustworthy." God wants you to be honest so that others can trust you.

**ASK:** Look for people you know who follow God and ask them for help on what you should do

## Scenario 3

There's a kid in your class that always tries to sit by you, but you want to sit by someone else during lunch.

**PRAY:** When you have a choice to make about how to treat others, ask God to help you make the wise choice.

**READ:** Luke 6:31 says, "Do to others as you would have them do to you." When it comes to making choices about how to treat others, think about how you would want to be treated before you react.

**ASK:** Ask the people around you that you know love and follow God what they would do when it comes to how you

## Talk to God:

Dear God, we know that ALL wisdom comes from you. When we have choices to make this week, help us to remember to ask for your help, to read your Word or to talk about it with people around us that follow you. Thank you for loving us and for helping us make wise choices. Amen.

# GOD WILL GIVE ME WISDOM BECAUSE HE LOVES ME!



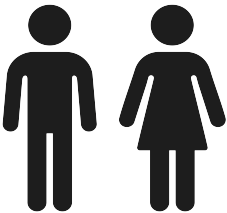
**PRAY**

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**READ**

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**ASK**

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