

EASTER

2 WEEKS



FAMILY STUDY GUIDE

Hey, families!

Enjoy this family study guide as a supplement to the current sermon series. Our prayer is that it stirs up meaningful conversation with your kids, gets them involved as much as possible, and encourages kids (big and little) to read what they can. We hope you have fun as a family!

A child's greatest spiritual influence will always be you. We're here for support and to cheer you on!

Sunnybrook Family Ministry Team

TABLE OF CONTENTS

THE WEEK BEFORE.....	5
EASTER SUNDAY.....	7
COLORING SHEETS.....	9



@sunnybrookkids

THE WEEK BEFORE

Ice Breaker:

Would you rather have bunny teeth or a bunny tail?

Big Idea:

God has not left you. He has a bigger plan that we cannot see.

Key Scripture:

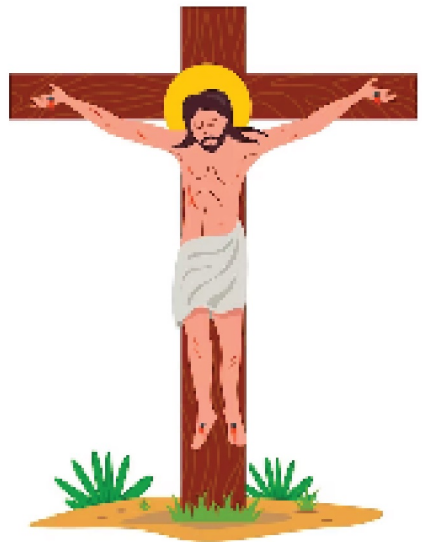
"About three o'clock, Jesus cried out in a loud voice. He said, "Eli, Eli, lema sabachthani?" This means "My God, my God, why have you deserted me?"

Matthew 27:46 NIV

Talk About it Together:

- Talk about how right before this verse, Jesus was crucified. Discuss what that means and how that impacts our lives.
- Read Luke 23:46 NIV
"Jesus called out in a loud voice, 'Father, into your hands I commit my life.' After he said this, he took his last breath."

- Talk about how Jesus trusted God with his life. How can we do the same?
- Read John 19:30 NIV
"After Jesus drank he said, 'It is finished.' Then he bowed his head and died."
 - Talk about how God had a greater plan for Jesus and how He has a plan for you too. Have you ever had a time when you thought God had left you, but He was working everything together for your good?



Activity:

Dye Easter eggs as a family, and talk about why we celebrate Easter.

Prayer:

Dear God, thank you for never leaving us, but for always working everything together for our good. We praise you for Jesus. Thank you for sending Him to live a perfect life, die in our place, and resurrect on the third day so that we can be with you in Heaven. Help us to trust you even when it seems like you are far away. Amen.



EASTER SUNDAY

Ice Breaker:

What is your favorite part of Easter, or favorite Easter tradition?

Big Idea:

The resurrection of Jesus provides forgiveness for our past, power for our present, and hope for our future.

Key Scripture:

"I am the resurrection and the life. Anyone who believes in me will live, even if they die."

John 11:25 NIV

Talk about it together:

- Why did Jesus die for us? **(To pay for our sins and restore our relationship with God.)**
- Why is the resurrection of Jesus so important? **(Jesus overcame death and that means that we get to be with Him in Heaven.)**
- How can we have joy in our life? What should we do when life gets hard? **(We can remember that Jesus had joy and loved everyone. We can pray to God, asking Him to comfort us.)**



Activity:

- Use crafts to create or color a cross of your own as a reminder of the sacrifice Jesus made on the cross.

**Prayer:**

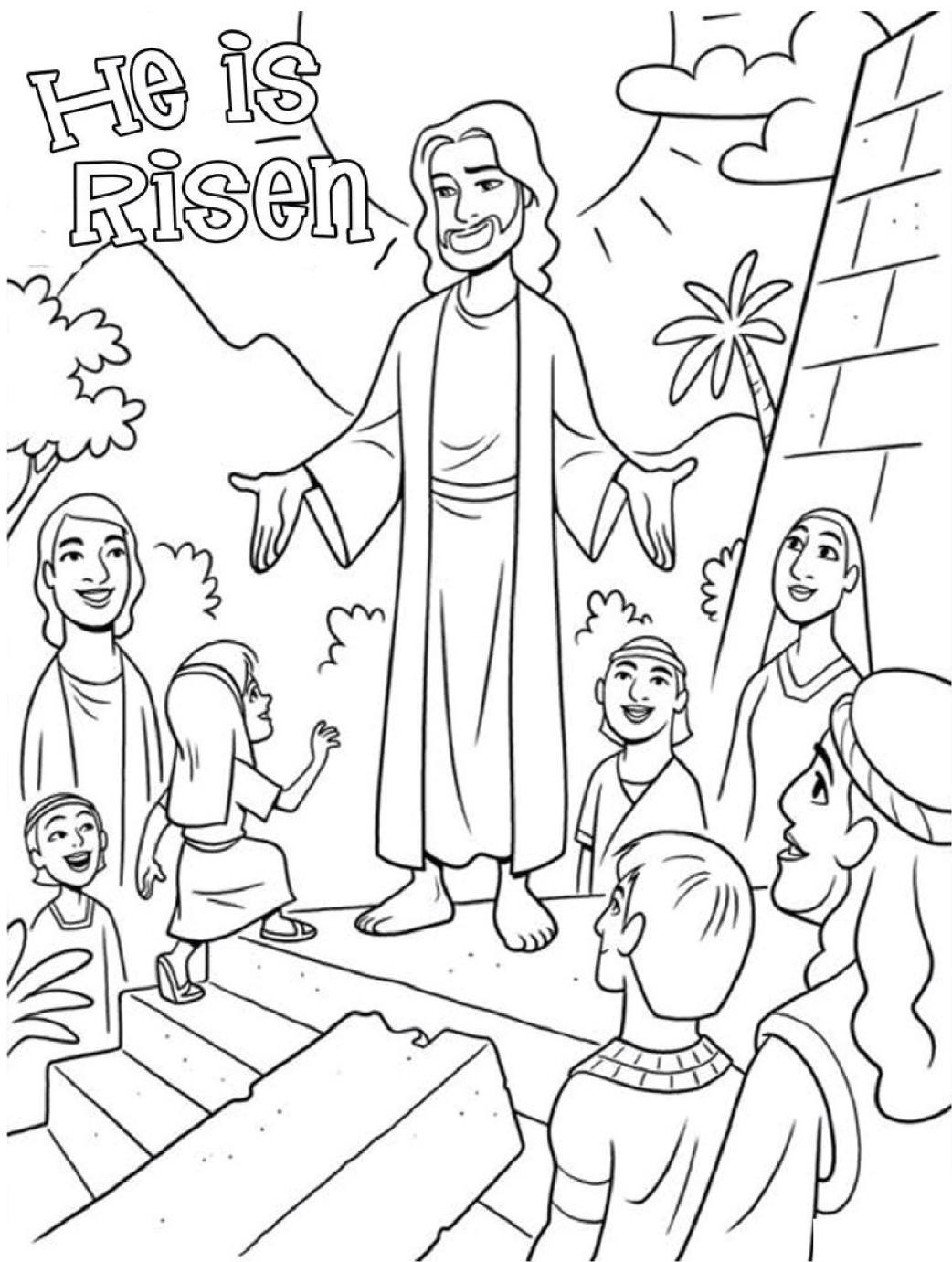
- Dear God, thank you for the example you set for us when you walked on this earth. Thank you for the joy you had and the love you showed to everyone around you, even when life is hard. Help us to remember you and live for you every day. Amen!





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He is
Risen





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