



Kicking it Off: Share your top three highlights of 2021.

Big Idea: You can make the most of 2022 when you live with intention to follow Jesus and grow in the areas that He did.

Key Scriptures:

- Luke 2:52 *“Jesus grew in wisdom and in stature, and in favor with God and favor with men.”*
- John 10:10 *“I have come that they may have life, and have it abundantly.”*
- Proverbs 19:8 (GN) *“Do yourself a favor and learn all you can; then remember what you learn and you will prosper.”*
- Proverbs 17:22 (GN) *“Being cheerful keeps you healthy. It is a slow death to be gloomy all the time.”*
- 2 Peter 3:18 (LB) *“Grow in spiritual strength and become better acquainted with our Lord and Savior Jesus Christ.”*
- 1 Peter 4:10 (LB) *“God has given you some special abilities; be sure to use them to help each other...”*

Discussion:

Read Luke 2:52 and John 10:10 . What goals will you set in the new year, that you might be intentional in living life to the full? Discuss the following areas:

- **INTELLECTUAL:** What do I want to learn? (Proverbs 19:8)
- **PHYSICAL:** What will improve my health? (Proverbs 17:22)
- **SPIRITUAL:** What will deepen my relationship to God? (2 Peter 3:18)
- **SOCIAL:** What will be my ministry to others? (1 Peter 4:10)

Wrapping it Up: After discussing, consider writing down your goals on your own during the week and then share together what you’ve each decided when you meet again.

Memory Verse: *“I have come that they may have life, and have it abundantly.”* John 10:10

Prayer Focus: Pray that as individuals and as a church, we can live our lives with intention this year, showing ourselves to be Christ’s disciples in the way we love and live.