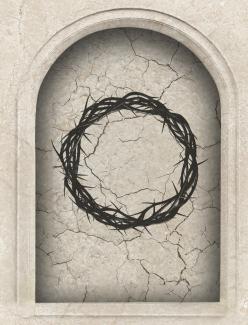
2 WEEKS

THE WEEK BEFORE







WEEK 1 PG. 3-11



WEEK 2 PG. 12-13

Top 10 Tips for Leading a Small Group...... 14

Group Agreement 15

TABLE OF CONTENTS

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SMALL GROUP STUDY

Kicking it off:

Discuss your experiences over the years in preparing your heart to acknowledge Jesus' great sacrifice during Holy Week, and to celebrate His resurrection and victory over death.

Big Idea:

Jesus' last words as he hung on the Cross hold significant value for us today.

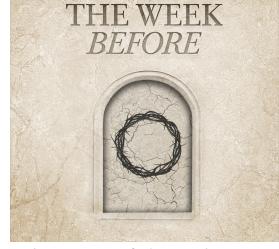
Key Scriptures:

As we enter into this Holy Week, commemorating the last days of Jesus before He was crucified and resurrected, read together the following accounts of Jesus' last hours, and the prophecy of these events in Psalm 22:

Matthew 27:1-61

"Then early in the morning, all the chief priests and the elders of the people made their plans how to have Jesus executed. So they bound him, led him away and handed him over to Pilate the governor.

When Judas, who had betrayed him, saw that Jesus was condemned, he was seized with remorse and returned the



thirty pieces of silver to the chief priests and the elders. "I have sinned," he said, "for I have betrayed innocent blood." "What is that to us?" they replied. "That's your responsibility." So Judas threw the money into the temple and left. Then he went away and hanged himself.

The chief priests picked up the coins and said, "It is against the law to put this into the treasury, since it is blood money." So they decided to use the money to buy the potter's field as a burial place for foreigners. That is why it has been called the Field of Blood to this day. Then what was spoken by Jeremiah the prophet was fulfilled: "They took the thirty pieces of silver, the price set on him by the people of Israel, and they used them to buy the potter's field, as

the Lord commanded me."

Meanwhile Jesus stood before the governor, and the governor asked him, "Are you the king of the Jews?""You have said so," Jesus replied. When he was accused by the chief priests and the elders, he gave no answer. Then Pilate asked him, "Don't you hear the testimony they are bringing against you?" But Jesus made no reply, not even to a single charge—to the great amazement of the governor.

Now it was the governor's custom at the festival to release a prisoner chosen by the crowd. At that time they had a well-known prisoner whose name was Jesus Barabbas. So when the crowd had gathered, Pilate asked them, "Which one do you want me to release to you: Jesus Barabbas, or Jesus who is called the Messiah?" For he knew it was out of self-interest that they had handed Jesus over to him.

While Pilate was sitting on the judge's seat, his wife sent him this message: "Don't have anything to do with that innocent man, for I have suffered a great deal today in a dream because of him." But the chief priests and the elders persuaded the crowd to ask for Barabbas and to have Jesus executed. "Which of the two do you want me to release to you?" asked the governor. "Barabbas," they answered. "What shall I do, then, with Jesus who is called the Messiah?" Pilate asked. They all answered, "Crucify him!" "Why? What crime has he committed?" asked Pilate. But they shouted all the louder, "Crucify him!"

When Pilate saw that he was getting nowhere, but that instead an uproar was starting, he took water and washed his hands in front of the crowd. "I am innocent of this man's blood," he said. "It is your responsibility!" All the people answered, "His blood is on us and on our children!" Then he released Barabbas to them. But he had Jesus flogged, and handed him over to be crucified.

Then the governor's soldiers took Jesus into the Praetorium and gathered the whole company of soldiers around him. They stripped him and put a scarlet robe on him, and then twisted together a crown of thorns and set it on his head. They put a staff in his

right hand. Then they knelt in front of him and mocked him. "Hail, king of the Jews!" they said. They spit on him, and took the staff and struck him on the head again and again. After they had mocked him, they took off the robe and put his own clothes on him. Then they led him away to crucify him.

As they were going out, they met a man from Cyrene, named Simon, and they forced him to carry the cross. They came to a place called Golgotha (which means "the place of the skull"). There they offered Jesus wine to drink, mixed with gall; but after tasting it, he refused to drink it. When they had crucified him, they divided up his clothes by casting lots. And sitting down, they kept watch over him there. Above his head they placed the written charge against him: this is Jesus, the king of the Jews.

Two rebels were crucified with him, one on his right and one on his left. Those who passed by hurled insults at him, shaking their heads and saying, "You who are going to destroy the temple and build it in three days, save yourself! Come down from the cross, if

you are the Son of God!" In the same way the chief priests, the teachers of the law and the elders mocked him. "He saved others," they said, "but he can't save himself! He's the king of Israel! Let him come down now from the cross, and we will believe in him. He trusts in God. Let God rescue him now if he wants him, for he said, 'I am the Son of God.'" In the same way the rebels who were crucified with him also heaped insults on him.

From noon until three in the afternoon darkness came over all the land. About three in the afternoon Jesus cried out in a loud voice, "Eli, Eli, lema sabachthani?" (which means "My God, my God, why have you forsaken me?").

When some of those standing there heard this, they said, "He's calling Elijah." Immediately one of them ran and got a sponge. He filled it with wine vinegar, put it on a staff, and offered it to Jesus to drink. The rest said, "Now leave him alone. Let's see if Elijah comes to save him."

And when Jesus had cried out again in a loud voice, he gave up his spirit. At that moment the curtain of the temple was torn in two from top to bottom. The earth shook, the rocks split and the tombs broke open. The bodies of many holy people who had died were raised to life. They came out of the tombs after Jesus' resurrection and went into the holy city and appeared to many people.

When the centurion and those with him who were guarding Jesus saw the earthquake and all that had happened, they were terrified, and exclaimed, "Surely he was the Son of God! Many women were there, watching from a distance. They had followed Jesus from Galilee to care for his needs. Among them were Mary Magdalene, Mary the mother of James and Joseph, and the mother of Zebedee's sons.

As evening approached, there came a rich man from Arimathea, named Joseph, who had himself become a disciple of Jesus. Going to Pilate, he asked for Jesus' body, and Pilate ordered that it be given to him. Joseph took the body, wrapped it in a clean linen cloth, and placed it in his own new tomb that he had cut out of the rock. He rolled a big stone in front of the entrance to the tomb and went away. Mary Magdalene and the other Mary were sitting

there opposite the tomb."

Luke 23:1-56

"Then the whole assembly rose and led him off to Pilate. And they began to accuse him, saying, "We have found this man subverting our nation. He opposes payment of taxes to Caesar and claims to be Messiah, a king." So Pilate asked Jesus, "Are you the king of the Jews?" "You have said so," Jesus replied.

Then Pilate announced to the chief priests and the crowd, "I find no basis for a charge against this man." But they insisted, "He stirs up the people all over Judea by his teaching. He started in Galilee and has come all the way here."

On hearing this, Pilate asked if the man was a Galilean. When he learned that Jesus was under Herod's jurisdiction, he sent him to Herod, who was also in Jerusalem at that time.

When Herod saw Jesus, he was greatly pleased, because for a long time he had been wanting to see him. From what he had heard about him, he hoped to see him perform a sign of some sort. He plied him with many questions, but Jesus gave him no answer. The chief priests and

the teachers of the law were standing there, vehemently accusing him. Then Herod and his soldiers ridiculed and mocked him. Dressing him in an elegant robe, they sent him back to Pilate. That day Herod and Pilate became friends—before this they had been enemies.

Pilate called together the chief priests, the rulers and the people, and said to them, "You brought me this man as one who was inciting the people to rebellion. I have examined him in your presence and have found no basis for your charges against him. Neither has Herod, for he sent him back to us; as you can see, he has done nothing to deserve death. Therefore, I will punish him and then release him." But the whole crowd shouted. "Away with this man! Release Barabbas to us!" (Barabbas had been thrown into prison for an insurrection in the city, and for murder.)

Wanting to release Jesus, Pilate appealed to them again. But they kept shouting, "Crucify him! Crucify him!" For the third time he spoke to them: "Why? What crime has this man committed? I have found in him no grounds for

the death penalty. Therefore I will have him punished and then release him."

But with loud shouts they insistently demanded that he be crucified, and their shouts prevailed. So Pilate decided to grant their demand. He released the man who had been thrown into prison for insurrection and murder, the one they asked for, and surrendered Jesus to their will.

As the soldiers led him away. they seized Simon from Cyrene, who was on his way in from the country, and put the cross on him and made him carry it behind Jesus. A large number of people followed him, including women who mourned and wailed for him. Jesus turned and said to them, "Daughters of Jerusalem, do not weep for me; weep for yourselves and for your children. For the time will come when you will say, 'Blessed are the childless women, the wombs that never bore and the breasts that never nursed!' Then "'they will say to the mountains, "Fall on us!" and to the hills, "Cover us!"' For if people do these things when the tree is green, what will happen when it is dry?" Two other men, both criminals,

were also led out with him to be executed. When they came to the place called the Skull, they crucified him there, along with the criminals—one on his right, the other on his left. Jesus said, "Father, forgive them, for they do not know what they are doing." And they divided up his clothes by casting lots.

The people stood watching, and the rulers even sneered at him. They said, "He saved others; let him save himself if he is God's Messiah, the Chosen One."The soldiers also came up and mocked him. They offered him wine vinegar and said, "If you are the king of the Jews, save yourself." There was a written notice above him, which read: this is the king of the Jews.

One of the criminals who hung there hurled insults at him: "Aren't you the Messiah? Save yourself and us!" But the other criminal rebuked him. "Don't you fear God," he said, "since you are under the same sentence? We are punished justly, for we are getting what our deeds deserve. But this man has done nothing wrong." Then he said, "Jesus, remember me when you come into your kingdom.]" Jesus

answered him, "Truly I tell you, today you will be with me in paradise."

It was now about noon, and darkness came over the whole land until three in the afternoon, for the sun stopped shining. And the curtain of the temple was torn in two. Jesus called out with a loud voice, "Father, into your hands I commit my spirit."[
When he had said this, he breathed his last.

The centurion, seeing what had happened, praised God and said, "Surely this was a righteous man." When all the people who had gathered to witness this sight saw what took place, they beat their breasts and went away. But all those who knew him, including the women who had followed him from Galilee, stood at a distance, watching these things.

Now there was a man named Joseph, a member of the Council, a good and upright man, who had not consented to their decision and action. He came from the Judean town of Arimathea, and he himself was waiting for the kingdom of God. Going to Pilate, he asked for Jesus' body. Then he took it down,

wrapped it in linen cloth and placed it in a tomb cut in the rock, one in which no one had yet been laid. It was Preparation Day, and the Sabbath was about to begin.

The women who had come with Jesus from Galilee followed Joseph and saw the tomb and how his body was laid in it. Then they went home and prepared spices and perfumes. But they rested on the Sabbath in obedience to the commandment."

John 19:28-30

"Later, knowing that everything had now been finished, and so that Scripture would be fulfilled, Jesus said, "I am thirsty." A jar of wine vinegar was there, so they soaked a sponge in it, put the sponge on a stalk of the hyssop plant, and lifted it to Jesus' lips. When he had received the drink, Jesus said, "It is finished." With that, he bowed his head and gave up his spirit."

Psalm 22:1-24

"My God, my God, why have you forsaken me?

Why are you so far from saving me,

so far from my cries of anguish?

My God, I cry out by day, but you do not answer, by night, but I find no rest.

Yet you are enthroned as the Holy One;

you are the one Israel praises.

In you our ancestors put their trust;

they trusted and you delivered them.

To you they cried out and were saved; in you they trusted and were not put to shame.

But I am a worm and not a man,

scorned by everyone, despised by the people.

All who see me mock me;

they hurl insults, shaking their heads.

"He trusts in the Lord," they say,

"let the Lord rescue him.

Let him deliver him,

since he delights in him."

Yet you brought me out of the womb;

you made me trust in you, even at my mother's breast.

From birth I was cast on you; from my mother's womb you have been my God.

Do not be far from me, for trouble is near and there is no one to help.

Many bulls surround me; strong bulls of Bashan encircle me.

Roaring lions that tear their prey open their mouths wide against me.

I am poured out like water, and all my bones are out of joint.

My heart has turned to wax; it has melted within me.

My mouth is dried up like a potsherd, and my tongue sticks to the roof of my mouth; you lay me in the dust of death.

Dogs surround me, a pack of villains encircles me; they pierce my hands and my feet.

All my bones are on display; people stare and gloat over me.

They divide my clothes among them and cast lots for my garment.

But you, Lord, do not be far from me.

You are my strength; come quickly to help me.

Deliver me from the sword, my precious life from the power of the dogs.

Rescue me from the mouth of the lions; save me from the horns of the wild oxen.

I will declare your name to my people; in the assembly I will praise you.

You who fear the Lord, praise him! All you descendants of Jacob, honor him! Revere him, all you descendants of Israel!

For he has not despised or scorned the suffering of the afflicted one;

he has not hidden his face from him but has listened to his cry for help."

Discussion:

- As you read both Matthew and Luke's account of Jesus' last hours, what similarities do you see?
- 2. What differences do you see in the two?
- 3. Now compare David's prophecy in Psalm 22 to the actual account of Jesus' crucifixion and death that you see recorded in Matthew and Luke. What do you see fulfilled as Jesus suffers?
- 4. How do Jesus' last words bring hope into your life? What insight do they give to how you are called to live as His followers?
- 5. How does reading and unpacking these messages together help you to prepare for celebrating Jesus' resurrection next week?

Wrapping It Up:

Spend time together praying, giving thanks to Jesus for the indescribable gift given to you as He poured out His life on the Cross of Calvary.

Prayer Focus:

Pray for those who will attend or watch our Easter service at the Tyson Events Center – that many will surrender their lives to Christ and commit to follow Him.

Memory Verse:

"But he was pierced for our transgressions, he was crushed for our iniquities; the punishment that brought us peace was on him, and by his wounds we are healed."

Isaiah 53:5

SMALL GROUP STUDY

Kicking it off:

Share some of your favorite Easter memories.

Big Idea:

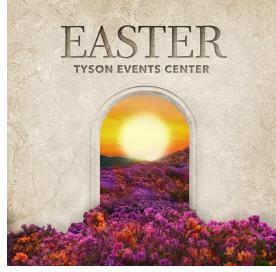
Jesus' resurrection brings forgiveness for your past, power for your present, and hope for your future.

Key Scriptures: Mark 16:1-7

"When the Sabbath was over, Mary Magdalene, Mary the mother of James, and Salome bought spices so that they might go to anoint Jesus' body. Very early on the first day of the week, just after sunrise, they were on their way to the tomb and they asked each other, "Who will roll the stone away from the entrance of the tomb?"

But when they looked up, they saw that the stone, which was very large, had been rolled away. As they entered the tomb, they saw a young man dressed in a white robe sitting on the right side, and they were alarmed.

"Don't be alarmed," he said.
"You are looking for Jesus the
Nazarene, who was crucified.



He has risen! He is not here. See the place where they laid him. But go, tell his disciples and Peter, 'He is going ahead of you into Galilee. There you will see him, just as he told you.'"

Colossians 1:13-14

"For he has rescued us from the dominion of darkness and brought us into the kingdom of the Son he loves, in whom we have redemption, the forgiveness of sins."

Ephesians 1:18-21

"I pray that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in his holy people, and his incomparably great power for us who believe. That power is the same as the mighty strength he exerted when he

raised Christ from the dead and seated him at his right hand in the heavenly realms, far above all rule and authority, power and dominion, and every name that is invoked, not only in the present age but also in the one to come."

1 Peter 1:3

"Praise be to the God and Father of our Lord Jesus Christ! In his great mercy he has given us new birth into a living hope through the resurrection of Jesus Christ from the dead..."

Discussion:

- Read Mark 16:1-7. The resurrection of Jesus is good news for all people. Share how you have responded to that good news.
- 2. Read Colossians 1:13-14.
 Pastor Jeff spoke in the
 Easter message about
 the difference in going to
 church and hearing "shame
 on you", versus going to
 church and hearing "shame
 off you." This passage
 speaks of forgiveness, not
 condemnation. What was
 your experience growing up?
- 3. How does "shame off you" compel you to not only be changed by this message of hope, but to share it with others?

- 4. Read Ephesians 1:18-21.

 Discuss the kind of power described in this passage and what it means for believers in Jesus.
- 5. What might prevent you from living in this power of which Paul speaks?
- 6. Read 1 Peter 1:3. How would you describe this living hope to someone who doesn't know Christ?

Wrapping It Up:

Because of Jesus there is forgiveness for your past, power for your present, and hope for your future. Which is most meaningful to you currently?

Prayer Focus:

Pray for those who received Christ for the first time at our Easter services, that the seeds planted will grow into a fruitful life in Christ.

Memory Verse:

"Don't be alarmed,' he said. 'You are looking for Jesus the Nazarene, who was crucified. He has risen! He is not here."

Mark 16:6

Top Tips for Leading a Small Group

- 1. Establish a welcoming, accepting, and safe environment.
 - Take time to prepare.
 - Make sure to give a warm enthusiastic greeting to each person.
 - Verbally communicate the environment that you hope to create.
- 2. On the opening night of your group you need to have some intentional discussions centered around these questions:
 - What is the purpose of our group?
 - What is the vision for our group?
 - What are your expectations?
 - What do you hope to gain from this group experience?
 - What are some things we value as a group?
 - What are some healthy guidelines we need to have in place? Review and sign a group agreement.
- 3. Be authentic. Spend time sharing your life stories in order to get to know each other on a deeper level.
- 4. Find a good balance between:
 - Truth and grace/Bible study and life
 - Encouraging and challenging one another
 - Giving and receiving feedback from each other
- 5. Ask good questions to stimulate good discussion. Use open ended questions and follow up questions.
- 6. Hang out together, do things socially, eat together and have fun together!
- 7. Develop a missional lifestyle, find a service project to do together in the community.
- 8. Raise up new leadership by rotating facilitation of the group.
- 9. Share the responsibilities in order to increase individual commitment and ownership of the group.
- 10. Pray for your group and for each other!

Find ways to celebrate what God is doing in your group! Who else could you invite to join you in order that their life may be impacted by what God is doing in your group?

Group Agreement

OUR PURPOSE

To transform our spiritual lives by cultivating our spiritual health in a healthy small group community. In addition, we: ____

OUR VALUES

Group Attendance: To give priority to the group meeting. We will call or email if we will be late or absent.

Safe Environment: To help create a safe place where people can be heard and feel loved. (Please, no guick answers, snap judgments, or simple fixes.)

Respect Differences: To be gentle and gracious to people with different spiritual maturity, personal opinions, temperaments, or imperfections. We are all works in progress.

Confidentiality: To keep anything that is shared strictly confidential and within the group, and to avoid sharing improper information about those outside the group.

Encouragement for Growth: To be not just takers but givers of life. We want to spiritually multiply our life by serving others with our God-given gifts.

Welcome for Newcomers: To keep an open chair and share Jesus' dream of finding a shepherd for every sheep.

Shared Ownership: To remember that every member is a minister and to ensure that each attender will share a small team role or responsibility over time.

otating Hosts/Leaders and Homes: To encourage different people to host the group in neir homes, and to rotate the responsibility of facilitating each meeting.
OUR EXPECTATIONS • Refreshments/mealtimes
Childcare
When we will meet (day of week)
Where we will meet (place)
We will begin at (time) and end at
We will do our best to have some or all of us attend a worship service together.
Our primary worship service time will be
Date of this agreement
Date we will review this agreement again

Who (other than the leader) will review this agreement at the end of this study

