

Message: "Me, Myselfie, and I Week 1 - Contentment"

Scripture: Philippians 4:12-13

Week 1: Contentment

Week 2: Intimacy

Week 3: Authenticity

Week 4: Rest

EXPOSE ANY DISCONTENTMENT

1. MATERIAL AND FINANCIAL
2. RELATIONAL
3. CIRCUMSTANTIAL

"I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do all this through [Christ] who gives me strength." Philippians 4:12-13

THROUGH CHRIST'S STRENGTH

1. WE WILL KILL COMPARISONS.

"We do not dare to classify or compare ourselves with some who commend themselves. When they measure themselves by themselves and compare themselves with themselves, they are not wise."
2 Corinthians 10:12

"But if you harbor bitter envy and selfish ambition in your hearts, do not boast about it or deny the truth. Such "wisdom" does not come down from heaven but is earthly, unspiritual, demonic. For where you have envy and selfish ambition, there you find disorder and every evil practice."
James 3:14-16

2. WE WILL CULTIVATE GRATITUDE.

"For the despondent, every day brings trouble; for the happy heart, life is a continual feast."
Proverbs 15:15 (NLT)

"Enjoy what you have rather than desiring what you don't have..." Ecclesiastes 6:9 (NLT)

"...I have learned the secret of being content in any and every situation... I can do all this through [Christ] who gives me strength." Philippians 4:12-13