DESERT HILLS BAPTIST CHURCH

03.30.25 · Small Group Questions

	If you could set aside a "spiritual retreat" day with no distractions, how would you spend it?
	If you had to live on one book of the Bible for an entire year, which one would you choose and why?
01	The emphasis of Pastor Adams message was growing deeper through spiritual disciplines. What hit you the hardest from the message?
02	How would you describe your current spiritual "breathing" habits? Do you find yourself inhaling (reading Scripture) more, exhaling (prayer) more, or struggling to do both consistently?
03	James 1:22 challenges us to be doers of the word, and not hearers only, deceiving your own selves. Jesus tells a parable in Matthew 7:24-27 (please read) about the wise and foolish builders, where only the one who hears and obeys is secure. In what ways have you experienced the difference between merely hearing the Word and actually applying it?
04	Eugene Peterson compared Bible reading to running—if we stop engaging in it, we lose motivation. Have you ever experienced a time when you stopped reading Scripture regularly? What were the effects on your spiritual life?
05	Can you think of a time when you applied Scripture to your life and saw transformation? What did that process look like?
06	Psalm 119:11 says, "Thy word have I hid in mine heart, that I might not sin against thee." Compare with Joshua 1:8 (please read), where God commands Joshua to meditate on the Law day and night for success. How does internalizing Scripture transform the way we see ourselves and respond to challenges?
07	Have you experienced a time when internalizing scripture changed the way you saw yourself or the world around you?

How do you find secular habits affect your outlook, attitude and identity?

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