

## **This Cup: The Cup of Salvation...**

We are embarking on a special journey together. A journey that will take us deep into the heart of God's Word using a simple, everyday object: a cup. From the cup of suffering to the cup of blessing, this humble vessel holds powerful Biblical truths about our relationship with God and with one another. Let's open our hearts to what the Holy Spirit will teach us about the "Cups" of our lives.

5 You prepare a table before me in the presence of my enemies; you anoint my head with oil; my cup overflows. (Psalm 23:5)

God's all-sufficient and amazing grace is the central theme of Psalm 23. Again and again, the Lord helps us in our weakness and saves us when we are powerless to help ourselves. Recognizing his enormous debt of gratitude, David asks in Psalm 116:

12 What shall I render to the Lord for all his benefits to me? 13 I will lift up the cup of salvation and call on the name of the Lord, 14 I will pay my vows to the Lord in the presence of all his people. (Psalm 116:12-14)

So, what is this Cup of Salvation and how can we drink from it today?

## **The Drink Offering**

13 And the grain offering with it shall be two tenths of an ephah[b] of fine flour mixed with oil, a food offering to the Lord with a pleasing aroma, and the drink offering with it shall be of wine, a fourth of a hin (about a quart). Leviticus 23:13

14 And Jacob set up a pillar in the place where he had spoken with him, a pillar of stone. He poured out a drink offering on it and poured oil on it. 15 So Jacob called the name of the place where God had spoken with him Bethel. Genesis 35:14-15

Genesis, Exodus, Numbers give directions for drink offerings and use during ordination of priests

What's the point: Drink offerings were given in gratitude for God's salvation and continued provision. What do you give to the Lord in gratitude today a pleasing aroma to Him?

## **The Cup of Wrath**

8 For in the hand of the Lord there is a cup with foaming wine, well mixed, and he pours out from it, and all the wicked of the earth shall drain it down to the dregs. Psalm 75:8

5 The Lord saw that the wickedness of man was great in the earth, and that every intention of the thoughts of his heart was only evil continually. Genesis 6:5

11 In the six hundredth year of Noah's life, in the second month, on the seventeenth day of the month, on that day all the fountains of the great deep burst forth, and the windows of the heavens were opened. 12 And rain fell upon the earth forty days and forty nights. Genesis 7:11-12

What's the point: God's wrath is intended for the wicked. We have each earned His wrath. How does that land on your spirit? How does that increase the value of God's grace?

### **Trading Cups**

22 Thus says your Lord, the Lord, your God who pleads the cause of his people: "Behold, I have taken from your hand the cup of staggering; the bowl of my wrath you shall drink no more; Isaiah 51:22

42 saying, "Father, if you are willing, remove this cup from me. Nevertheless, not my will, but yours, be done." Luke 22:42

46 And about the ninth hour Jesus cried out with a loud voice, saying, "Eli, Eli, lema sabachthani?" that is, "My God, my God, why have you forsaken me?" Matthew 27:46

What's the point: Jesus traded cups with us and took on the wrath of God we were owed. He cried out, "I thirst" as He thirsted for blessing vs. wrath. How do you demonstrate your love and gratitude to Jesus for taking your punishment?

### **The Cup of Salvation**

13 I will lift up the cup of salvation and call on the name of the Lord, Psalm 116:13

19 And he took bread, and when he had given thanks, he broke it and gave it to them, saying, "This is my body, which is given for you. Do this in remembrance of me." 20 And likewise the cup after they had eaten, saying, "This cup that is poured out for you is the new covenant in my blood. Luke 22:19-20

What's the point: Lifting our "Cup" in remembrance of God's amazing grace is powerful and necessary. How can you keep this practice in your everyday life?

**Remember. Repent. Rest.**

## **The Second Mile: *Going Beyond Sunday***

Let's dig deeper together to see how God is calling and equipping each of us to reach the lost.

**Monday** – Drink offerings were given in gratitude for God's salvation and continued provision. What do you give to the Lord in gratitude today a pleasing aroma to Him?

**Tuesday** – God's wrath is intended for the wicked. We have each earned His wrath. How does that land on your spirit? How does that increase the value of God's grace?

**Wednesday** – Jesus traded cups with us and took on the wrath of God we were owed. He cried out, "I thirst" as He thirsted for blessing vs. wrath. How do you demonstrate your love and gratitude to Jesus for taking your punishment?

**Thursday** – Lifting our “Cup” in remembrance of God’s amazing grace is powerful and necessary. How can you keep this practice in your everyday life?

**Friday** – This is the day that the Lord has made. Let us rejoice and be glad in it. How has the Lord blessed you, kept you, and made His face to shine upon you this week?