

# High Wire: Daring to Trust

First, watch  
this week's  
video!

**Trust:**  
Putting your  
confidence in  
someone you  
can depend on

### Memory Verse

"Trust in the LORD  
with all your heart. Do  
not depend on your  
own understanding."  
Proverbs 3:5, NIV

### Bible Story

Isaac's Wells  
Genesis 26:1-22;  
26-31

### Key Question

How do you react  
when things don't  
go your way?

Use this guide to help your family  
learn how we can trust God.

## Activity

### Water Race

#### What You Need:

two straws; water; painter's or  
masking tape

#### What You Do:

Use the tape to make a start and  
finish line on your countertop or  
floor. The lines should be about one  
to two inches apart. Using the straw,  
place two drops of water at the start  
line—one for you and one for your  
child. Make sure to leave enough  
space between the drops of water so  
that they don't run together.

Say, "We're going to have a water  
race. Using our straws, we're going  
to blow our drops of water from the  
start line to the finish line. Let's see  
who wins!"

Complete the activity. Play as many  
rounds as time and interest allow.

## Talk About the Bible Story

Who needed to show trust in our story today? (*Isaac*)

Why did Isaac need to trust God? (*Because people kept  
trying to take his wells*)

If you had been Isaac, how would you have felt when  
everyone wanted your wells?

When is it difficult for you to trust God?

What is a situation you're dealing with right now where  
you need to trust God? (*Even though you may already  
know the answer to this question, it's good to give your  
child the opportunity to talk about it.*)

*Parent: Share about an age-appropriate situation  
in which you had to trust God in the midst of big  
decisions—which job to take, how to make new friends,  
how to spend money, the wise thing to say in a big  
argument at home or work, etc.*

## Prayer

Use this prayer as a guide, either after talking about  
the Bible story or sometime before bed tonight:

"Dear God, thank You for loving us so much. Thank You  
for being a God who hears all of our prayers. Thank You  
for being with us no matter what we face in life. You  
are trustworthy, giving us exactly what we need when  
we need it. I pray that we are a family known by our  
trust in You. I pray that we would trust You every day, in  
everything we do. Amen."

