

# Wanneer Worsteling Seën Bring - Kleingroepreeks

## Inleiding

Ons worstel almal. Met vrees. Met mislukking. Met identiteit. Met God.

In Genesis 32 het Jakob homself op 'n breekpunt bevind - alleen, bang en op die punt om die gevolge van sy verlede in die gesig te staar.

### In sy verlede:

- **Is Jakob tweede gebore** en het hy Esau se hakskeen vasgegryp—wat vroeë stryd simboliseer.
- **Esau het 'n ruwe buitelugmens geword**; Jakob was stil en het naby die huis gebly.
- **Jakob se naam beteken "bedrieër" of "bedrieër"**—en hy het dit gestand gedoen.
- Hy het **Esau mislei** om sy **eersgeboortereg** prys te gee vir 'n bak bredie.
- Hy het **Isak**, sy blinde vader, mislei om die **eersgeborene se seën** te ontvang.
- **Esau wou hom doodmaak**, en daarom het Jakob vir sy lewe gevlug.
- In **Haran** het Jakob **op Ragel verlief geraak**, maar is **deur Laban mislei** en is eers met Lea getroud.
- Hy het **14 jaar gewerk** om met Rachel te trou en het manipulasie en stryd verduur.
- **God het Jakob geseën** met kinders en rykdom.
- **Laban en sy seuns het jaloers geword** namate Jakob voorspoedig was.
- **God het vir Jakob gesê om terug te keer huis toe**, maar dit het beteken dat hy **Esau in die gesig moes staar**, wat met 400 man nader gekom het.

Maar voordat hy sy broer Esau in die gesig kon staar, moes hy met God worstel. Dit was nie net 'n fisiese ontmoeting nie - dit was 'n oomblik van diep geestelike transformasie.

Hierdie kleingroepreeks handel oor daardie "Jabbok-oomblikke" in ons lewens – die plekke waar ons van ons selfstandigheid, ons trots, ons verlede gestroop word – en die lewende God ontmoet. In worsteling is daar wonde ... Maar daar is ook seën.

### Deur hierdie driedelige reis sal ons ondersoek:

1. Die Noodsaaklikheid om Onself Leeg te Maak
2. Die Krag van Oorgawe (Die Keerpunt)
3. Die Transformasie van Identiteit

Kom ons duik in en ontdek die seën aan die ander kant van die stryd.

# Blessing in the Wrestling - Small Group Series

## Introduction

We all wrestle. With fear. With failure. With identity. With God.

In Genesis 32, Jacob found himself at a breaking point—alone, afraid, and about to face the consequences of his past.

In his past :

- **Jacob was born second**, grasping Esau's heel—symbolizing early struggle.
- **Esau became a rugged outdoorsman**; Jacob was quiet and stayed near home.
- **Jacob's name means “supplanter” or “deceiver”**—and he lived up to it.
- He **tricked Esau** into giving up his **birthright** for a bowl of stew.
- He **deceived Isaac**, his blind father, to receive the **firstborn blessing**.
- **Esau wanted to kill him**, so Jacob fled for his life.
- In **Haran**, Jacob **fell in love with Rachel**, but was **deceived by Laban** and married Leah first.
- He **worked 14 years** to marry Rachel, enduring manipulation and struggle.
- **God blessed Jacob** with children and wealth.
- **Laban and his sons grew jealous** as Jacob prospered.
- **God told Jacob to return home**, but doing so meant **facing Esau**, who was approaching with 400 men.

But before he could face his brother Esau, he had to wrestle with God. It wasn't just a physical encounter—it was a moment of deep spiritual transformation.

This small group series is about those “Jabbok moments” in our lives—the places where we are stripped of our self-reliance, our pride, our past—and encounter the living God. In wrestling, there is wounding... but there is also blessing.

Through this three-part journey, we will explore:

1. The necessity of emptying ourselves
2. The power of surrender (The turning point)
3. The transformation of identity

Let's dive in and discover the blessing on the other side of the struggle.