

**NORMS FOR THE KINGDOM:**  
**“Blessed Are the Meek”**  
Matthew 5:5

**1. The Description of Meekness**

Observations:

1. A Meek Person Demonstrates \_\_\_\_\_
2. A Meek Person Is \_\_\_\_\_
3. A Meek Person Is \_\_\_\_\_
4. A Meek Person Is \_\_\_\_\_

**2. The Promise Resulting from Meekness**

Realizations:

**Life Group Questions**  
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**Opener:** Share a time when you held back for the sake of someone else.

1. How does Pastor Steve describe meekness? How is this different than how you would have defined it?
2. Why do you think people might confuse meekness with weakness?
3. Read Romans 12:3 and Philippians 2:3–4. What is the difference between having a proper view of yourself versus a poor view of yourself?
4. Pastor Steve made four observations about meekness. A person who is meek ... 1) Demonstrates inner discipline, 2) Is teachable, 3) Is confident in God, 4) Is gentle.
  - a. What are examples from scripture of characters who demonstrated one or more of these?
  - b. What are examples from your own life of people who demonstrated these characteristics?
5. The promise in verse 5 is that the meek will inherit the earth. This is a now and a future promise. Describe the future promised. How does knowing your future help you to be content now?
6. Read Revelation 21—22:5. Revelation gives us a glimpse of the new heaven and earth. How does this motivate you to live for Christ now and display meekness?

**Memory Verses: Matthew 5:3-5 ESV**

*“Blessed are the poor in spirit, for theirs is the kingdom of heaven.  
Blessed are those who mourn, for they shall be comforted.  
Blessed are the meek, for they shall inherit the earth.”*

*A printable version of these questions is available at  
[www.eaglechristianchurch.com/groups/](http://www.eaglechristianchurch.com/groups/)*