## Sermon Notes

## Grieve or Please?

Ephesians 4:30-5:2

In this passage, Paul challenges us (using four commands) to "put off" the negative aspects of our old life, and to "put on" the positive. By so doing, we will not grieve The Holy Spirit, but will be a fragrant offering to God. Notice the four commands...

1.	Do Not	God's Spirit
	Ephesians 4:30	
2.	Get Rid of	
	Ephesians 4:31	
3.	Put on	
	Ephesians 4:32	
4.	Be Like	
7.	Ephesians 5:1–2	
	chilegique 2:1-5	

There is no room in the Christian's life for the ugly attitudes and sin that belong to the old life—it will poison your soul. Christians must put on the attitude of compassion and live lives of loving service.