Sermon Notes

Arrested Development

Hebrews 5:11-6:3

1. Lessons about Christian Maturity

Hebrews 5:11–14

2. Moving on Toward Christian Maturity

Hebrews 6:1–3

ECC Group Questions Arrested Development

Hebrews 5:11-6:3

1. Where would you place your spiritual maturity at this time: Infant? Toddler? Preschool? Elementary? Adolescent? Young Adult? Adult? Parent? Grandparent? Explain.

Read Hebrews 5:11-6:3

- 2. Why did the writer hesitate to give his readers further details? (Vs. 11)
- 3. What does the writer expect of his readers? (Vs. 12) Why is this significant? (Read 2 Timothy 2:2)
- 4. What specific mark of maturity does the writer affirm in verse 14?
- 5. How important is it to be able to discern good from evil? Can you recognize temptation when it shows up? Are you able to check the truthfulness of any teaching you hear?
- 6. What can you do to train yourself to discern good from evil?
- Respond to the following (from the NIV Life Application Bible):
 "As you grow in the Lord and put into practice what you have learned, your capacity to understand will also grow."
- 8. How do you prepare yourself to attend a worship service? Do you come with a desire to learn? What can you do to prepare to learn and to worship?

9. Reflect:

How eagerly are you pursuing maturity in Christ? In what aspects of your faith have you been reluctant to move on? Do you feel like you are a more mature Christian today than you were last month? Last year?

Do you understand the "elementary teachings" the writer talks about? Are you able to teach the elementary truths about Christianity to others?

Memory Verse: Hebrews 5:14

But solid food is for the mature, for those who have the powers of discernment trained by constant practice to distinguish good from evil. (ESV)

A printable version of these questions is available at www.eaglechristianchurch.com/groups/