

HOW TO LISTEN & DO

James 1:19–22

Passage:

“Know this, my beloved brothers” (19)

“Let every person be quick to hear, slow to speak, and slow to anger” (19)

“For the anger of man does not produce the righteousness of God” (20)

“Put away all filthiness and rampant wickedness” (21)

“Be doers of the word, not hearers only” (22)

Outline:

1. A Call to _____

2. A Call to _____

Indicators of the Christian Life:

1.

2.

For the Family

Read James 1:19-22

Talk together about the three commands in verse 19:

Quick to hear

The word quick means to be fast or immediate, to do something right away, or as fast as you can. To be “*quick to hear*” means to pay attention when someone is talking to you. It means to let them finish what they are saying, without interrupting them.

Slow to speak

The word slow means to do something carefully or patiently. To be “*slow to speak*” means to not be in a hurry when you talk. It means choosing your words carefully, to think before you speak.

Slow to anger

If we are quick to listen and slow to speak, we will be less likely to be angry. It is not always wrong to be angry, but being angry can lead us to hurt other people.

Talk together about what happens when we let anger control us:

We might get loud and yell and scream

We might lose our temper and throw a tantrum

We might pout and complain

Most importantly, we will hurt others.

Bad things happen when we allow our anger to control us. Being quick to listen and slow to speak helps us control our anger, and treat other people the way God wants us to.

Read Proverbs 15:1 (NCV): A gentle answer will calm a person’s anger, but an unkind answer will cause more anger.

If we listen more and talk less, we will be able to better control our anger. That will help us to not hurt others, and even to help them.

Memorize together the last part of verse 19:

let every person be quick to hear, slow to speak, slow to anger.

Pray together: Ask God to help you listen more and talk less. Ask him to help you control your anger and not hurt others. Ask him to give you a kind and gentle spirit.