

# Do Not Harden Your Hearts

*Hebrews 3:7–19*

Observations:

## 1. The Illustration

Hebrews 3:7–11

## 2. The Warning

Hebrews 3:12–15

## 3. The Consequence

Hebrews 3:16–19

# **ECC Group Questions**

## **Do Not Harden Your Hearts**

*Hebrews 3:7–19*

1. What does it mean to have a cold heart toward something or someone?

### **Read Hebrews 3:7–19**

2. What new warning is given here (verses 8, 12)?  
Compare this with 2:1–4 and 3:6.
3. To what incident does Psalm 95 refer?  
How did the Israelites harden their hearts?  
What was the result of their behavior?
4. What do you associate with “God’s rest”? Think of as many things as you can.  
What was God’s rest for the Israelites?
5. What is at the root of a hardened heart? (Verse 13)  
In what ways is sin “deceitful”?  
What does it mean to “fall away from the living God”? (Verse 12)
6. What role does Christian community play in keeping us connected to God?
7. How important is it to be encouraged in your spiritual life? Why?  
How important is it to encourage others in their spiritual life? Why?  
Have you encouraged anyone this week? How?  
Have you been encouraged this week? How?
8. How willing is God to give us a new heart if we ask for one?
9. What are some things you can do to prevent having an unbelieving heart?  
How can your small group help you in this?

### **Memory Verse: Hebrews 3:13**

*But exhort one another every day, as long as it is called “today,” that none of you may be hardened by the deceitfulness of sin. (ESV)*