

**NORMS FOR THE KINGDOM:  
“Blessed Are Those Who Mourn”**  
Matthew 5:4

**1. The Description of “Beatitude” Mourning**

- A. A personal grief over personal sin
  
  
  
  
  
  
  
  
  
  
- B. A personal grief over the sin of the world

**2. The Promise Resulting from “Beatitude” Mourning**

- A. Now
  
  
  
  
  
  
  
  
  
  
- B. Not Yet

**Life Group Questions**  
**NORMS FOR THE KINGDOM:**  
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**Opener:** What movie always makes you cry?

1. How would you describe the act of mourning? Is the type of mourning mentioned in Matthew 5:4 the same or different than mourning a person’s death? Please explain.
2. Reflect on last week’s discussion about poor in spirit. How does Matthew 5:4 relate to the previous verse about being poor in spirit?
3. Read Psalm 51:1–7. David says that his sin with Bathsheba is a sin against God alone. When you sin against someone, how is it a sin against God? Explain.
4. Reflect on a time you were overtaken by the magnitude of your own sinfulness? How did you resolve that feeling?
5. Is there a danger for Christians to make so much of God’s grace that they make light of their sin? What role does godly mourning play in helping one avoid this trap?
6. What are examples from scripture of people who mourned for their personal sin and/or the sin in the world? What are some examples from your own life of people you know who mourn in this way?
7. What did pastor Steve mean when he said, “Don’t confuse mourning with condemnation”? When you look at the sin in the world around you, do you find yourself more inclined to condemn or to mourn? What is the difference?
8. Pastor Steve gave four ways God comforts those who mourn: 1. He can forgive our sins. 2. He can restore broken relationships. 3. He can create in us a new heart. 4. He offers hope now and in the future. Share a time when you experienced one or more of these.

**Memory Verse: Matthew 5:3-4 ESV**

*“Blessed are the poor in spirit, for theirs is the kingdom of heaven.  
Blessed are those who mourn, for they shall be comforted.”*

*A printable version of these questions is available at  
[www.eaglechristianchurch.com/groups/](http://www.eaglechristianchurch.com/groups/)*