

MEDIATOR

(ASSERTIVE)

INFP-A

ROLE: DIPLOMAT

Intuitive (N) and Feeling (F) personality types, known for their focus on empathy, diplomacy and cooperation.

STRATEGY: CONFIDENT INDIVIDUALISM

Confident Individualists prefer doing things alone, choosing to rely on their own skills and instincts as opposed to seeking others' help.

TRAITS

Introverted (I) individuals prefer solitary activities and get exhausted by social interaction. They tend to be quite sensitive to external stimulation (e.g. sound) in general.

Intuitive (N) individuals are very imaginative, open-minded and curious. They prefer novelty over stability and focus on hidden meanings and future possibilities.

Feeling (F) individuals are sensitive and emotionally expressive. They are more empathic and less competitive than Thinking types, and focus on social harmony and cooperation.

Prospecting (P) individuals are very good at improvising and spotting opportunities. They tend to be flexible, relaxed nonconformists who prefer keeping their options open.

Assertive (-A) individuals are self-assured, even-tempered and resistant to stress. They refuse to worry too much and do not push themselves too hard when it comes to achieving goals.

RESEARCH INSIGHT

Assertive Mediators are the most likely personality type to drift away into daydreaming and fantasizing about different ideas or scenarios.



STRENGTHS

Empathetic: Mediators tend to be thoughtful and kindhearted, and they hate the idea of hurting anyone, even unintentionally.

Generous: Mediators rarely enjoy succeeding at other people's expense. They feel called to share the good things in their lives and uplift the people around them.

Open-Minded: Tolerant and accepting, Mediators try not to judge others' beliefs, lifestyles, or decisions. They prefer compassion to fault-finding, feeling empathy even for those who have done wrong.

Idealistic: Mediators strive to follow their conscience, even when doing the right thing isn't easy or convenient. They rarely lose sight of their desire to live a meaningful, purpose-filled life.

WEAKNESSES

Unrealistic: Imperfection can be difficult for Mediators to accept. People with this personality type can be hopeless romantics, with rose-colored visions of what their lives should be like.

Self-Isolating: Mediators long to connect with others, but they don't always know how. Especially in new environments, Mediators may be reluctant to put themselves out there in ways that would help them make new friends or become involved in a new community.

Unfocused: Mediators' imaginative, introspective nature doesn't always lend itself to productivity. Many Mediators get frustrated by how difficult they find it to buckle down and get things done.

Self-Critical: Mediators believe in their unique potential, and they desperately want to live up to it. But this can cause them to have unrealistic expectations for themselves.



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MEDIATOR

(TURBULENT)

INFP-T

ROLE: DIPLOMAT

Intuitive (N) and Feeling (F) personality types, known for their focus on empathy, diplomacy and cooperation.

STRATEGY: CONSTANT IMPROVEMENT

Constant Improvers are quiet, individualistic people. They tend to be success-driven and often perfectionistic, spending a lot of time and effort on their work.

TRAITS

Introverted (I) individuals prefer solitary activities and get exhausted by social interaction. They tend to be quite sensitive to external stimulation (e.g. sound) in general.

Intuitive (N) individuals are very imaginative, open-minded and curious. They prefer novelty over stability and focus on hidden meanings and future possibilities.

Feeling (F) individuals are sensitive and emotionally expressive. They are more empathic and less competitive than Thinking types, and focus on social harmony and cooperation.

Prospecting (P) individuals are very good at improvising and spotting opportunities. They tend to be flexible, relaxed nonconformists who prefer keeping their options open.

Turbulent (-T) individuals are self-conscious and sensitive to stress. They are likely to experience a wide range of emotions and to be success-driven, perfectionistic and eager to improve.

RESEARCH INSIGHT

Turbulent Mediators are the most likely personality type to feel bad for acting selfishly.

STRENGTHS

Empathetic: Mediators tend to be thoughtful and kindhearted, and they hate the idea of hurting anyone, even unintentionally.

Generous: Mediators rarely enjoy succeeding at other people's expense. They feel called to share the good things in their lives and uplift the people around them.

Open-Minded: Tolerant and accepting, Mediators try not to judge others' beliefs, lifestyles, or decisions. They prefer compassion to fault-finding, feeling empathy even for those who have done wrong.

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