Almighty God, help us to be like Caleb the son of Jephunneh who when he was 85 years old said in Joshua 14:11-12:

"As yet I am as strong this day as on the day that Moses sent me; just as my strength was then, so now is my strength for war, both for going out and for coming in. Now therefore, **give me this mountain** of which the Lord spoke in that day; for you heard in that day how the Anakim (**Ancestors of Goliath**) were there, and that the cities were great and fortified. It may be that the Lord will be with me, and I shall be able to drive them out as the Lord said."

Just as you gave Caleb the strength to drive out the giants in Hebron so that he might receive his inheritance from You, help us to be strengthened to drive out the giants of sin in our lives.

Help us to put to death the giants of sin in our flesh that so easily ensnares us (Heb. 12:1). Teach us to be your disciples so that we overcome sin by exercising faith by trusting in your promises.

Help us to put off the giants of our old, selfish lifestyle to which we often return. May we put on the new man strengthened as Your image bearers to prove what is that good and acceptable and perfect will of God (Heb. 12:2).

Help us to put off the giants of doubt and fear that keep us from fully trusting in you.

Help us to follow the example of Caleb who was known to be a man who wholly followed the Lord God of Israel.

Grant us this day victory over the giants in our lives that we may truly possess this mountain that the Lord our God is giving us. In Jesus name we pray. Amen.

