

Free Indeed - Pt. 2 // Nathan Keller // 06.11.2023

Shame: The conviction that you will never be good enough, and that because of your flaws, you're not lovable and will never belong.

Shame Effects EVERYTHING!

- It's As Old As Sin
- It's A Part Of Sin's Nature

Genesis 3:7a

At that moment their eyes were opened, and they suddenly felt shame.

Freedom Is Discovering Again-And-Again The Depths Of God's Love.

1. His Heart To Restore
2. His Power To Transform

Psalm 118:6

YHWH (is) for me, I do not fear what man does to me.

Isaiah 54:4

Do not be afraid; you will not be put to shame. Do not fear disgrace; you will not be humiliated. You will forget the shame of your youth and remember no more the reproach of your widowhood.

We Cannot Fix The Past, Only Create The Future, And To Do So We Must Dare To Be Different In The Present. —*Paul Scanlon*

Unlock The Shackles Of Shame

1. Acknowledge It

I am poor and needy. (Psalm 109:22)

2. Ask For Help

Save me according to your unfailing love. (Psalm 109:26)

3. Accept God's Grace

For he stands at the right hand of the needy, to save their lives from those who would condemn them. (Psalm 109:31)

Romans 10:11

Anyone who believes in him will never be put to shame.