

## **Healthy Relationships - Pt. 2 // Nathan Keller // 02.18.2024**

### **Healthy Relationships Begin With Me!**

#### **Romans 7:15**

I do not understand what I do. For what I want to do I do not do, but what I hate I do.

### **There's Brokenness Behind Unhealthy Behavior.**

#### **John 5:2-8**

Now there is in Jerusalem near the Sheep Gate a pool, which in Aramaic is called Bethesda and which is surrounded by five covered colonnades. Here a great number of disabled people used to lie—the blind, the lame, the paralyzed. One who was there had been an invalid for thirty-eight years. When Jesus saw him lying there and learned that he had been in this condition for a long time, he asked him, “Do you want to get well?” “Sir,” the invalid replied, “I have no one to help me into the pool when the water is stirred. While I am trying to get in, someone else goes down ahead of me.” Then Jesus said to him, “Get up! Pick up your mat and walk.”

### **Brokenness Can Explain Behavior But Does Not Excuse It.**

### **If You Want To Get Well You Have To Get Up!**

#### **GRACE**

**Salvation:** The New You

**Sanctification:** The Growing You

### **Awareness + Intentionality Leads To Health...**

#### **John 5:14**

Later Jesus found him at the temple and said to him, “See, you are well again. Stop sinning or something worse may happen to you.”