

Healthy Relationships - Pt. 6 // Nathan Keller // 03.17.2024

Romans 12:1-2

Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. 2 Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

SPIRITUAL WARFARE

An Ongoing Spiritual Battle To Overcome Satan's Lies By Retraining Your Thoughts With Truth.

Lies Get Lodged And Become Strongholds.

2 Corinthians 10:4-5

For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds; 5 Casting down imaginations, and every high thing that exalts itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ.

Commit Scripture To Memory

Read It — Write It — Say It — Sing It — Think It

Psalms 119:9-11

How can a young person stay on the path of purity? By living according to your word. 10 I seek you with all my heart; do not let me stray from your commands. 11 I have hidden your word in my heart that I might not sin against you.

Crucify Your Flesh Through Fasting

Galatians 5:24

Those who belong to Christ Jesus have nailed the passions and desires of their sinful nature to his cross and crucified them there.

“More Than Any Other Discipline, Fasting Reveals The Things That Control Us.” —**Richard Foster**

Confess Your Sins In Christ-Centered Community

Naming It Has The Power To Break It!

James 5:16a

Therefore confess your sins to each other and pray for each other so that you may be healed.