NOTES & DISCUSSION QUESTIONS

DO NOT BE: WEARY

SERMON SUMMARY

This sermon reminds us that gratitude doesn't erase grief, and trusting God can be difficult when He doesn't change the circumstances we're praying about. Weariness grows when we lose confidence in God and try to control outcomes that were never ours to carry, but true faith means remaining dependent on Him even when we don't understand what He's doing. Waiting on the Lord isn't passive or pointless; it's a posture of trust that allows us to find renewed strength in His presence rather than relying on our own.

KEY POINTS

- Gratitude Doesn't Erase Grief — You can be thankful for what you have while still grieving what you've lost or what God hasn't changed.
- Weariness Can Distort Your View of God — When we don't understand what God is doing, we can begin to question His presence and take control of our lives.
- Don't Turn a Season of Growth Into a Trial Against God — Frustration grows when we resist the very seasons God may be using to form us and deepen our dependence on Him.
- True Faith Means Depending on God, Not Just Trying Everything Else First — Faith is trusting God with our strength and circumstances, even when we have other options and could try to control the outcome.
- Waiting on the Lord Renews Our Strength — Isaiah 40:31 reminds us that waiting is a posture of trust and dependence on God, allowing us to find renewed strength in Him rather than relying on ourselves.

DISCUSSION QUESTIONS

1. **How can you practice gratitude for what God has given you while still being honest about the grief or disappointment you're experiencing?**
2. **Have you ever experienced a season when God didn't change your circumstances the way you hoped? How did that affect your trust in Him?**

3. **What are some ways weariness can cause us to take control of situations instead of depending on God?**
4. **What is the difference between trusting God because you have no other options and choosing to trust Him when you could try to control the outcome yourself?**
5. **Isaiah 40:31 says those who wait on the Lord will renew their strength. What does waiting on God look like in your current season, and how can you shift your focus from waiting for your circumstances to change to waiting on God?**