

NOTES & DISCUSSION QUESTIONS

WHAT'S GOOD?: LIVING THE GOOD LIFE

SERMON SUMMARY

This sermon explores the idea that only God gets to define what is good, because He is the Creator and the source of goodness. Genesis 1 shows that humanity was created “very good”—in God’s image, blessed, given purpose, authority, and provision—but sin began when we allowed competing voices to redefine good, causing us to settle for less. Ultimately, Jesus is the Good Shepherd who leads us back to what God originally designed, helping us break through the “crust” of lies, shame, comparison, and expectations to experience the good life God intended.

KEY POINTS

- Only God defines what is good.
- You are good because God gives you His image.
- You are good because God gives you His blessing.
- You are good because God gives you a purpose.
- You are good because God gives provision.

DISCUSSION QUESTIONS

1. Who or what tends to define “good” in your life? How have culture, social media, your feelings, or other people shaped your definition of what a good life looks like?
2. Genesis 1 says that humanity was created “very good.” What does being made in the image of God mean to you, and how does that challenge the way you see yourself?
3. The sermon says, “Sin began when humanity questioned God’s right to define what is good.” Where do you find yourself tempted to trust your own definition of good over God’s?
4. What is the “crust” in your life right now? What lies, shame, comparison, expectations, or distractions might be keeping you from experiencing what God has for you?
5. Jesus calls Himself the “Good Shepherd.” What would it look like this week to let Jesus lead you back toward the life God originally designed you for?

